



LAYAN
LIFE
BY ANANTARA

DETOX FOR LIFE RETREAT



DETOX FOR LIFE

Detox your body and mind with advanced therapies for deep cleansing and sustained vitality.

A transformative wellness experience designed to cleanse, restore and rebalance from the inside out. Blending the wisdom of Traditional Thai Medicine with advanced detoxification therapies, this retreat supports your body's natural ability to eliminate toxins, boost metabolism and enhance overall vitality. Through targeted treatments, healing rituals and expert guidance, you'll experience deep purification, improved digestion and renewed energy.

DETOX FOR LIFE RETREAT

DETOX FOR LIFE RETREAT	3N	5N	7N	10N
TOTAL PRICE OF RETREAT	55,000 THB	93,280 THB	125,840 THB	144,320 THB
Wellness Initial Consultation	1	1	1	1
Traditional Thai Medicine 'Vitality' Consultation	1	1	1	1
Liver Detox Infusion	1	1	1	2
Metabolic Support Infusion	0	0	1	1
Hyperbaric Chamber - Hyperbaric Oxygen Therapy (HBOT)	2	1	2	2
Maya Massage (Abdominal massage)	1	2	2	2
Colonic Hydrotherapy	1	2	2	2
Colonic Hydrotherapy with coffee	0	0	0	1
Herbal Tea Blending Workshop	1	1	1	1
Thai Aqua Vitality Ritual	1	1	2	2
Accupressure Therapy	1	1	1	1
Personal Training	0	1	2	2
Epigenetic - Cell Wellbeing Test	0	1	1	0
Venus legacy Treatment	0	1	2	3
Thai Tranquil Touch Massage	1	2	2	1
Super Stretching	0	0	0	2
Alkaline Bath	0	0	1	1
Cryotherapy	0	2	3	4
Pain Management	0	0	0	1
Meditation / Pranayama Breathing	0	1	1	1
Total number of Treatments	11	19	26	31

The price includes treatments and a 10% service charge. Meals and accommodation are excluded.

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