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The Art of Stillness: Anantara's Signature Anniversary Experiences in Slow Travel and Wellbeing

From a Balinese purification ritual to a night beneath the Maldivian stars, five Anantara destinations invite guests to slow down and stay a while



Modern luxury travel tends to reward motion: more sights, more miles, more ground covered. Anantara Hotels & Resorts, the experiential luxury brand of Minor Hotels, makes the opposite case. To mark its 25th anniversary, the brand has gathered a collection of signature experiences centred on stillness, slow mornings and wellbeing, spanning Thailand, the Maldives and Italy. Each asks guests to do less and notice more.

A monastery's quiet wisdom

Above the harbour of Amalfi, a 13th-century Capuchin convent has held its calm for centuries. At **Anantara Convento di Amalfi Grand Hotel**, that inheritance shapes the morning. It begins in the terraced gardens with Friar Marcus, who leads guests among rare Mediterranean botanicals and ancient monastic herbs while sharing the philosophy of *Pace & Bene*, before the path continues into the Chef's Garden, where the kitchen's produce is grown. A sound healing ritual follows in the convent's sanctuary, its resonance designed to settle the mind and rebalance the body. The morning closes with a picnic of artisan breads, garden produce and aged cheeses, laid out in a secluded setting where the Amalfi Coast falls away to the sea.

Morning rhythms along the Mae Ping

In Chiang Mai, the river sets the pace. The morning opens aboard Nam Jai, the handcrafted teakwood boat of **Anantara Chiang Mai Resort**, gliding along the Mae Ping River for 90 minutes past riverside temples and the unhurried life of the Wat Ket community. Ashore, the route winds to the ancient Wat Ket Karam and on to Khua Kaek Bridge, where Doi Suthep rises in the distance, and an alms-giving to a monk marks the day with a quiet blessing. Lunch waits back at the resort: a Lanna *khantoke* laid beneath 400-year-old Bodhi trees at Bodhi Terrace, where northern Thai flavours carry the region's enduring stories.

Where stillness rises with the stars

In the Maldives, calm has a way of moving upward. As the lagoon darkens and the day's last colour drains from the horizon, **Anantara Kihavah Maldives Villas** invites guests to climb to its SKY overwater observatory for a stargazing session with the resort's SKY *Edhuru*. Through the lens of the Maldives' most powerful telescope, distant galaxies, constellations and planets emerge across the Indian Ocean night sky. It is a reminder that stillness, too, can be a form of discovery.

Balance restored on the Andaman

At **Anantara Layan Phuket Resort**, wellbeing begins with attention: a personal consultation at **Layan Life by Anantara** that shapes everything to follow. From there, a session of sound healing and *Pao Ya* heated herbal therapy works to ease tension, support digestion and restore balance

from the inside out. As the light softens, the day gives way to a sunset over the water, stargazing and a glass of Champagne beneath the open Andaman sky.

Anantara's signature anniversary experiences, including those featured above, are available across the brand's more than 50 properties throughout 2026. Unique to each location, these encounters invite guests to celebrate the world in unforgettable Anantara style.

Explore the full collection at anantara.com/en/25th-anniversary-experiences



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About Anantara Hotels & Resorts

A luxury hospitality brand for modern travellers, Anantara Hotels & Resorts connects guests to genuine places, people and stories in some of the world's most extraordinary destinations. Each Anantara embraces the surroundings and culture of its destination, creating unforgettable memories for every guest since 2001. From city to sea and desert to jungle, Anantara delivers

heartfelt, Thai-inspired hospitality at its over 50 hotels and resorts across Asia, Europe, Africa, the Middle East and the Indian Ocean.

Anantara Hotels & Resorts is a Minor Hotels brand and recognises its guests through one unified loyalty programme, Minor DISCOVERY, part of GHA DISCOVERY.

Visit anantara.com for more information, and connect with Anantara on [Facebook](#), [Instagram](#), [TikTok](#), [X](#) and [YouTube](#).

About Minor Hotels

Minor Hotels is a global leader in the hospitality industry with more than 640 hotels, resorts and branded residences in operation and committed development across 67 countries. The group crafts innovative and insightful experiences through its hotel brands including Anantara, Elewana Collection, The Wolseley Hotels, Tivoli, Minor Reserve Collection, NH Collection, nhow, Avani, Colbert Collection, NH, Oaks, and iStay, as well as a diverse portfolio of restaurants and bars, travel experiences, and spa and wellness brands. With over four decades of expertise, Minor Hotels builds stronger brands, fosters lasting partnerships, and drives business success by always focusing on what matters most to our guests, team members and partners.

Minor Hotels is a proud member of the [Global Hotel Alliance \(GHA\)](#) and recognises its guests through one unified loyalty programme, [Minor DISCOVERY](#), part of GHA DISCOVERY.

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