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Minor Hotels to Launch Australia's Largest Integrated Resort Wellness Precinct at Avani Cypress Lakes

The 340-acre Hunter Valley resort will combine flexible wellness, golf, family experiences and major meetings and events facilities



▲ Avani Cypress Lakes Resort

Minor Hotels, a leading global hotel owner and operator, has announced Avani Cypress Lakes Resort, a premium lifestyle and wellness resort set to launch in phases from October 2026 in New South Wales' Hunter Valley.

The development will bring together the existing Oaks Cypress Lakes Resort and adjoining Elysia Wellness Retreat across 340 acres, creating what will become Australia's largest integrated resort wellness precinct.

Avani Cypress Lakes Resort will be the largest Avani property in Australasia, offering 204 rooms and suites across two distinct accommodation experiences. Facilities will include an 18-hole golf course, AvaniWell spa and wellness centre, 24 meetings and events spaces, two concept-led restaurants, a pool bar and all-day dining.

The resort's phased transformation will introduce three pickleball courts, an outdoor cinema, a pool bar with a DJ booth, Pilates reformers and outdoor cold-plunge pools. New dining concepts will include Chakraya, a restaurant inspired by the flavours and culinary traditions of Sri Lanka.

The resort will also offer a range of flexible packages for hotel guests and Hunter Valley residents, bringing together AvaniWell programmes, AvaniKids activities, golf, hot-air balloon experiences and resort accommodation.

Craig Hooley, Chief Operating Officer of Minor Hotels Australasia, said the Hunter Valley had the attributes to become Australia's home of wellness.

"We believe the Hunter Valley has all the hallmarks necessary to establish itself as Australia's home of wellness," said Hooley. "From winery visits and long-table lunches to Pilates classes, cold plunges and educational seminars, modern wellness is personal, flexible and increasingly integrated into everyday travel.

"Avani Cypress Lakes Resort has been designed around this shift, allowing guests to incorporate wellness into a family holiday, corporate retreat, golf escape or weekend break. The launch reflects Minor Hotels' confidence in the continued growth of wellness-led and experiential travel across Australia, particularly in regional destinations."

AvaniWell to Make its Australian Debut

Avani Cypress Lakes Resort will introduce AvaniWell to Australia, following the concept's launch at Avani+ Hua Hin Resort in Thailand in 2024. Designed as a flexible alternative to the traditional wellness retreat, AvaniWell enables guests to incorporate wellness into a wider resort stay or take part in a more structured programme.

The existing Elysia Wellness Retreat will be transformed into AvaniWell at Cypress Lakes Resort, integrating 70 wellness suites, a magnesium pool and 26 treatment rooms with 10 Pilates reformers, infrared saunas, outdoor cold-plunge pools and spaces for seminars and group sessions.

The facility will offer multi-day wellness programmes alongside individual treatments, classes and day-spa experiences. It will be accessible to resort guests, day visitors and members of the local community.

A Resort Designed for Leisure, Families and Events

Once complete, Avani Cypress Lakes Resort will feature Avani's global brand experiences, including flexible wellness programmes, meetings and events designed to encourage participation and connection and AvaniKids activities centred on movement, creativity and time outdoors.

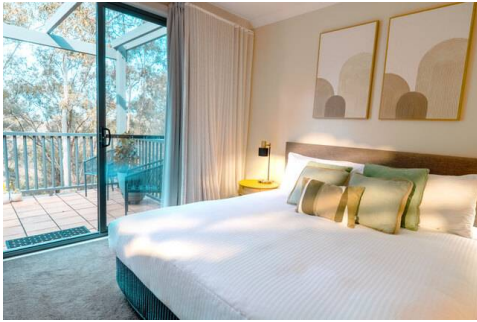
The resort will also strengthen the Hunter Valley's offering for conferences, incentives, weddings and corporate retreats. Its 24 meetings and events spaces will be supported by programmes that can incorporate yoga, wellness sessions, golf, pickleball and outdoor activities into traditional business itineraries.

Rates and packages for Avani Cypress Lakes Resort will be available from 1 October 2026. The resort's redevelopment will be delivered in phases, with the first new facilities opening in October 2026 and completion scheduled for the third quarter of 2027.

Avani Cypress Lakes Resort will become the third Avani property in Australasia, following the opening of Avani Mooloolaba Beach Hotel in May 2026 and the upcoming launch of Avani Queenstown in September 2026. Together, the three properties mark a significant expansion of Avani's premium lifestyle portfolio across Australia and New Zealand.

For more information about Avani Hotels & Resorts, please visit avanihotels.com.





About Avani Hotels & Resorts

Designed for today's traveller, Avani Hotels & Resorts offers stylish rooms, connected social spaces and relaxed and on-the-go dining that is locally inspired. Balance is central to everything Avani does, providing guests with the right measure of service, fun and privacy. Launched in 2011, Avani's over 40 properties across five continents offer premium city hotels, tropical resorts and retreats in nature with a focus on smart design, upbeat service and good value.

Avani Hotels & Resorts is a Minor Hotels brand and recognises its guests through one unified loyalty programme, Minor DISCOVERY, part of GHA DISCOVERY.

Visit avanihotels.com for more information, and connect with Avani on [Facebook](#), [Instagram](#), [TikTok](#), [X](#) and [YouTube](#).

About Minor Hotels

Minor Hotels is a global leader in the hospitality industry with more than 640 hotels, resorts and branded residences in operation and committed development across 67 countries. The group crafts innovative and insightful experiences through its hotel brands including Anantara, Elewana Collection, The Wolseley Hotels, Tivoli, Minor Reserve Collection, NH Collection, nhow, Avani, Colbert Collection, NH, Oaks, and iStay, as well as a diverse portfolio of restaurants and bars, travel experiences, and spa and wellness brands. With over four decades of expertise, Minor Hotels builds stronger brands, fosters lasting partnerships, and drives business success by always focusing on what matters most to our guests, team members and partners.

Minor Hotels is a proud member of the Global Hotel Alliance (GHA) and recognises its guests through one unified loyalty programme, Minor DISCOVERY, part of GHA DISCOVERY.

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