

SPA & WELLNESS RELEASE

WELLNESS AT NH COLLECTION DUBAI THE PALM



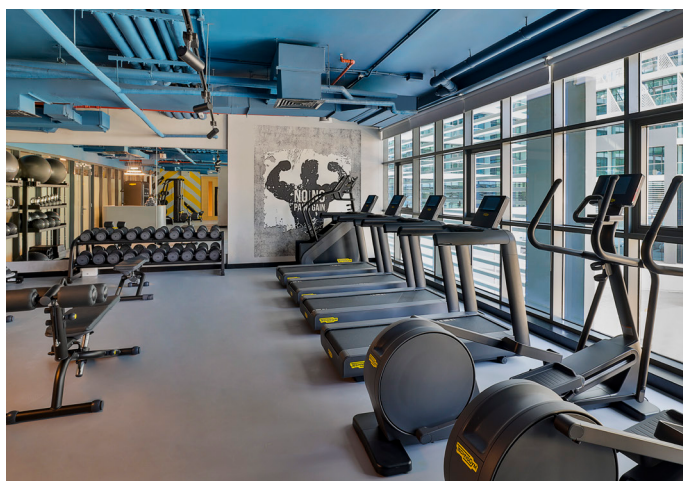
Guests at **NH Collection Dubai The Palm** can complement their stay with a range of wellness and fitness experiences designed for relaxation, recovery and wellbeing.

The hotel's spa and wellness offering is provided through **Soul Senses Spa & Wellness**, an independent wellness partner operating within the property. The spa offers a selection of massages, treatments and therapies inspired by a combination of established wellness techniques and contemporary approaches.





The hotel also features a fully equipped **fitness centre** available to guests, with personal training available for those seeking individual guidance.



Wellness forms part of the wider lifestyle-chic guest experience at NH Collection Dubai The Palm, giving guests the flexibility to balance time exploring Dubai and Palm Jumeirah with moments of relaxation during their stay.



Ahmad Shaban Fernandez, Cluster General Manager, said:

“Wellbeing today is about giving guests flexibility. At NH Collection Dubai The Palm, our role is to make it easy for guests to combine relaxation, fitness, beach time and the wider Dubai experience in a way that works for them.”

About NH Collection Dubai The Palm

NH Collection Dubai The Palm is a lifestyle-chic hotel located on Palm West Beach, Palm Jumeirah, and the first NH Collection property in the Middle East. The hotel features 526 rooms, suites and serviced apartments, complemented by a rooftop infinity pool, a dedicated resident beach, diverse dining experiences, family facilities and wellness and fitness offerings. Combining contemporary design, local character and a prime beachfront location, NH Collection Dubai The Palm offers guests a vibrant way to experience one of Dubai's most iconic destinations.

About NH Collection

NH Collection is a premium hotel brand within Minor Hotels, showcasing distinctive properties in landmark destinations around the world. The brand combines elegant style, attentive service and local character to create memorable and inspiring stays. NH Collection hotels are designed for travellers seeking exceptional experiences, with a strong focus on thoughtful details, authentic local connections and contemporary comfort. From city escapes to leisure destinations, NH Collection offers distinctive spaces, inspiring dining and personalised experiences designed to make every stay memorable.

About Minor hotels

Minor Hotels is a global hospitality leader with more than 640 hotels, resorts and branded residences across 67 countries. The group owns, operates and invests in a diverse portfolio of hospitality brands, creating distinctive experiences for travellers around the world. Its portfolio includes Anantara, Elewana Collection, The Wolseley Hotels, Tivoli, Minor Reserve Collection, NH Collection, nhow, Avani, Colbert Collection, NH, Oaks and iStay, alongside a diverse range of restaurants, bars, travel experiences and spa and wellness brands.

With more than four decades of hospitality expertise, Minor Hotels continues to expand its global presence while strengthening its brands and creating meaningful experiences for guests across destinations worldwide. Minor Hotels also recognises its guests through Minor DISCOVERY, the group's unified loyalty programme, which is part of GHA DISCOVERY.

Press Contact

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