



Spa Journeys at Anantara Retreat Santorini Abu Dhabi



Anantara Retreat Santorini Abu Dhabi is a serene sanctuary, offering the perfect escape to unwind and rejuvenate. Set in a peaceful corner of Ghantoot in the UAE, this luxurious retreat combines relaxation, wellness, and breathtaking surroundings to restore both body and mind.

The retreat's **Anantara Spa** has been designed to enhance this tranquil atmosphere, with natural elements like exposed rock walls, barrel ceilings, and a soothing mix of earthy tones and soft whites, creating a peaceful and calming environment. This serene space is ideal for those seeking a wellness retreat or simply looking to relax and refresh.

The spa is equipped with luxurious facilities, including a traditional Moroccan bath, cold plunge pool, cryotherapy plunge pool, steam room, and a Himalayan salt sauna. These features offer a range of therapeutic benefits, helping to enhance relaxation, reduce stress, and promote overall well-being. Two treatment rooms provide a peaceful, private setting, one of which features a beautiful botanical wall, adding to the natural, calming atmosphere.

Signature treatments include the **Island Lava Shell massage**, a unique therapy using warm lava shells to stimulate circulation and promote deep relaxation. This treatment also ties in the resort's connection to the Arabian Gulf. For a truly indulgent experience, the **Royal Hammam Experience** offers a 120-minute ritual combining a traditional Moroccan hammam and full-body massage, with aromatic cleansing, exfoliating, and moisturising using Noir black soap and olive oil-based products.

Another standout treatment is the Kahraman experiences, which harnesses the ancient healing properties of amber, known as "Kahraman" in Arabic. This exclusive treatment uses amber-infused oils, combined with gentle massage techniques, to relieve tension, improve circulation, and reduce inflammation. The natural antioxidant properties of amber help guests feel grounded and revitalised.

ANANTARA RETREAT SANTORINI ABU DHABI

P.O. Box 136333, Al Jarf 22 Ghantoot Abu Dhabi, United Arab Emirates | +971 2817 0000 | santorini@anantara.com

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Every summer, the spa presents the seasonal *Tamr Al Nakheel Ritual* (Dates of the Palm Ritual), a 90-minute treatment crafted using dates harvested from the retreat's own date palms. The experience includes a nourishing date and milk body wrap, relaxing head massage, full-body shea butter massage, leaving the skin hydrated, soft and revitalised.

Along with these indulgent treatments, Anantara Retreat Santorini Abu Dhabi offers a variety of wellness activities, such as yoga and other wellness programmes, ensuring a holistic approach to health and relaxation. Whether you're seeking a therapeutic escape or simply want to recharge, the spa provides the perfect setting for a luxurious and rejuvenating experience.

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For more information on Anantara Retreat Santorini Abu Dhabi please visit:

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ABOUT ANANTARA RETREAT SANTORINI ABU DHABI

Anantara Retreat Santorini Abu Dhabi is an exclusive adults-only retreat nestled on the shores of Ghantoot, between Abu Dhabi and Dubai. Inspired by the iconic beauty of Santorini and infused with the warmth of Arabian hospitality, the intimate retreat features 22 sea-view rooms, two dining venues offering Mediterranean and Middle Eastern cuisine, Designer dining experience, a fitness centre, luxury indoor cinema, the world-renowned Anantara Spa, an infinity pool, and curated wellness and leisure experiences. Combining Cycladic-inspired architecture with the natural beauty of the Arabian Gulf, the retreat offers a serene escape centred on privacy, personalised service and meaningful experiences.

ABOUT ANANTARA HOTELS & RESORTS

A luxury hospitality brand for modern travellers, Anantara Hotels & Resorts connects guests to genuine places, people and stories in some of the world's most extraordinary destinations. Each Anantara embraces the surroundings and culture of its destination, creating unforgettable memories for every guest since 2001. From city to sea and desert to jungle, Anantara delivers heartfelt, Thai-inspired hospitality at its over 50 hotels and resorts across Asia, Europe, Africa, the Middle East and the Indian Ocean.

Anantara Hotels & Resorts is a [Minor Hotels](#) brand and recognises its guests through one unified loyalty programme, [Minor DISCOVERY](#), part of GHA DISCOVERY.

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expertise, Minor Hotels builds stronger brands, fosters lasting partnerships and drives business success by always focusing on what matters most to our guests, team members and partners.

Minor Hotels is a proud member of the [Global Hotel Alliance \(GHA\)](#) and recognises its guests through one unified loyalty programme, [Minor DISCOVERY](#), part of GHA DISCOVERY.

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For media enquiries, please contact:

Earle Enriquez
Marketing, PR & Communications Manager
E: eenriquez@anantara.com

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