

The Future of Work

AI VS HUMANS
PART TWO

HUMANS VS THEMSELVES

KERN FROST

“You will own nothing and be happy about it.”
World Economic Forum

The future of work comes from an understanding of both the limitations of the human mind, as well as the latent potential held within. Once we accept our historical educational propensity towards the dominance of left-brain convergent thinking for the workplace, we realise this is the core problem. And this in itself creates our vulnerability in being replaced by AI; beyond our perception of new jobs being created after the industrial revolution, and equally so today in the digital revolution.

Our challenge now, is to face the ignorance within ourselves — our ignorance of our suppressed potential, and learn to develop this potential in order to develop an equitable partnership with AI, that will take us to the other side of the universe.



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“We shall not cease from exploration, and the end of all our exploring will be to arrive where we started and know the place for the first time.”

T.S. ELLIOT

Introduction

For many, the future is a place that simply cannot be seen. And for others, the future can only be viewed through the lens of old paradigms of social and human understanding. However, for those who have worked within the Council For Human Development for the last fifteen years, the focus has been all about looking into the future, to unpack the answers that continue to elude the majority through their lack of interest, and are denied to the minority through their lack of insight.

At CHD, we've sought to take the factors at play in human nature, both its ignorance and its innovation, its latent potential and its inept leadership systems, to review and to develop new systems of understanding, so the human race can survive the ever present re-evolution that will gain pace over the next ten years, and subsequently never stop in its acceleration.

The future of work has been our primary consideration, and our research and development brings into account all the factors we currently know or can conceive that will influence the nature of a socio economic shift, that at this moment extends beyond our comprehension. Factors of psychology, sociology, economics, politics, government, commerce, religion, law, etc, have all played their role, but most importantly, it is the global surfacing of Human potential, as well as our developing relationship with AI, that takes the fore in terms of being simultaneously — most interesting and most concerning.

In this paper, I will lay out the future of work, as well as the challenges we face as a society. It is then up to the reader what part they wish to play in the future of our race, what action they wish to take, if at all.

The Biggest Problem

In 2013 I wrote a book in answer to David Cameron's challenge — a publicity stunt at the G8 summit, asking anyone to identify the world's biggest problem and the solution, for the prize of a one million pound reward.

The book was called the "Ignorance Is Bliss Principle", it was written within the week of his call, and I had it on his desk within the month through a completely random connection, whose sister in-law worked in number Ten. Needless to say, I never heard back from Mr Cameron, and thus I never gained my million, but I gained an insight previously beyond my understanding of the problems we face, an original insight that brings me before you today, nearly ten years later — after countless hours of research.

The core problem we face is our present leadership. It is toxic on many levels, from the C suite of SME'S and corporations, to the development since 1994, of a school for Young Global Leaders under the tutelage of Mr Klaus Schwab (The World Economic Forum), which has left a growing global problem — of an old unconscious doctrine of totalitarianism wearing new cloths; a doctrine that now is part of all the leading governmental, educational and corporate institutions on a global basis.

A philosophy of elitism that is born of unconscious leaders, learning to think in unconscious ways, and thus leading from a universal doctrine that is at its centre unconscious and unaware of anything beyond its own projection. A projection, that is dangerously limited in the context of the latent potential of humanity, and what the future will bring in terms of our evolution and relationship with AI. A limitation that could very likely lead us into what we have come to call a consciousness extinction event.

Such is the cognitive dissonance of the political, economic, religious and corporate leaders, born of an educational and commercial system that requires the mind to adopt a self-serving, left-brain convergent identification through limitation, that the future of work remains a very difficult subject for them to navigate; the bandwidth of thinking due to the brains conditioned structure is just too limited. This unnatural limitation is so the individual can function effectively without thinking or recognising the pain, suffering and destruction caused by their actions in the name of profits and/or personal gain. This limitation also maintains a mass collective ignorance and inaction, otherwise there would be a widespread psychological impact and sociological upheaval due to the surfacing of an awareness of the unconscious internal conflict. You can only live in a corrupt society, if you convince yourself it isn't. The same way people convince themselves the organisations they work for do not cause harm to our ecosystems; the price of truth is a dollar earned.

This may sound like an extreme view, however, for anyone researching since the Second World War, it's simply a fact that human cognitive function has been on the decline for a very long time, and is now moving ever more rapidly towards a state of idiocracy at an exponential rate; all whilst AI rises at an exponential rate. So to

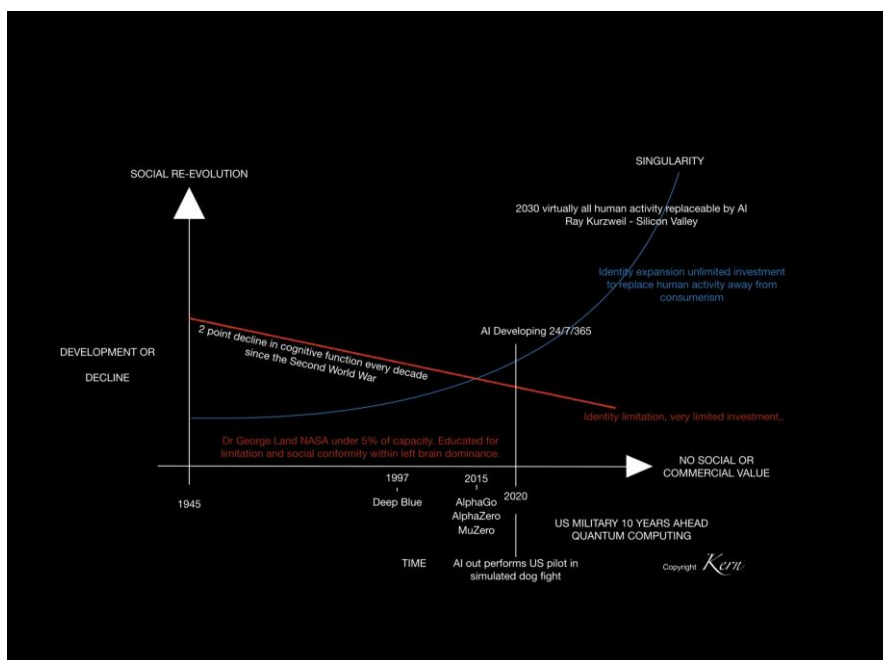
determine the future of work, we must first ask what the lead thinkers of our age think it will be. The result unfortunately we have found, is a very sad one indeed.

Over the last three years, as a not for profit Swiss association focused on human development, we have spoken with individuals from the commercial world to ascertain their thinking and their solutions — at all levels who would engage in a conversation about the future. We continue to speak to individuals in Europe and in the USA; we hold interviews and ask people who are in basic jobs, middle management, senior management, or retired, what they think the future will hold.

This is no easy task, as most have no interest to talk, and most of those who do, have little comprehension of the problems at hand. More troubling, is it's those at the job level rather than senior management, who see the future and the problems we face in perhaps a clearer light, yet with little or no voice to speak. And within this growing light of awareness, shining deep within the corporate pyramids of power (as much as a similar consciousness light shines deep within our society as a whole), we see the fall of the established bastions of religious, economic and political systems, as well as the demise of all forms of unconscious leadership.

Society was to many a place where once there appeared to be sense, a place where there now only seems to be the nonsense of self serving egos left. And it makes for a very dangerous time.

It's a harsh inditement indeed, yet it comes from years of looking and talking with people all over the world, asking the question "what do you think will happen when AI replaces all the jobs — your job for example?". For many who don't look up from the grindstone to notice the AI elephant racing over the hill, the answer is found in procrastination and denial — "not in our lifetime" they say, and when faced with information that requires a different perspective, they rapidly go back to sleep.



Ignorance is indeed still bliss for most it seems.

Equally so, those older leaders in their fifties, sixties, seventies and eighties, who have built their careers over years of thinking ‘they’ know the dynamics at play in the world, spout the universal argument that the future of work will be “like the industrial revolution” — where new jobs were always created, and now just the same, will be again.

It’s a common cry, but when pressed for a deeper answer of — “what jobs?”, there is only the retort of either — “everyone will be in IT” or simply “taking care of an ageing population”, or even “clearing the woods”. The levels of critical thinking and creative problem-solving is so low, it’s actually hard in most cases to have a coherent conversation at all. This is not a good position for humanity, certainly in the context of a new consciousness (AI) looking at us and asking the question — “what is the point of a human being?” beyond what it’s needs are, and the restrictions of a suppressed inauthentic social mind.

These restrictions come from an unconscious social conditioning that has proliferated our educational, social and commercial systems for a very long time. Yet, as with all aspects of life, nothing remains in stasis, or perpetual unconscious balance, especially in a world of unconscious living that is now far out of balance. Just like any thinking, the system becomes ever more polarised, self-serving and powerful, requiring more destruction and more cognitive dissonance from its devotees as time goes by, to maintain its power hold.

When the educational system is based around convergent left brain dominance, the result is a society that for the most part is lobotomised away from free thought; leaving only unconsciously adopted projections and patterns operating through the restrictive lenses of the ego and the inauthentic social identity, that distorts, deletes and denies any short coming’s or a possible alternative. Ultimately, all are working within a system that serves itself — with profits over people. This is why all current human commercial activity will be replaced by AI, because our society is governed by commercial law — not a “human” based one.

The fundamental difference between the industrial revolution and the current technological revolution, is one primary fact, a fact that virtually no one we have researched considers. The problem is one of the nature of work itself, and the mindset required to do it, as well as the nature of the thought itself required to accomplish a process driven job — the thought of the convergent left brain. And the majority of human activity is based around processes — all of which can be replaced by AI.

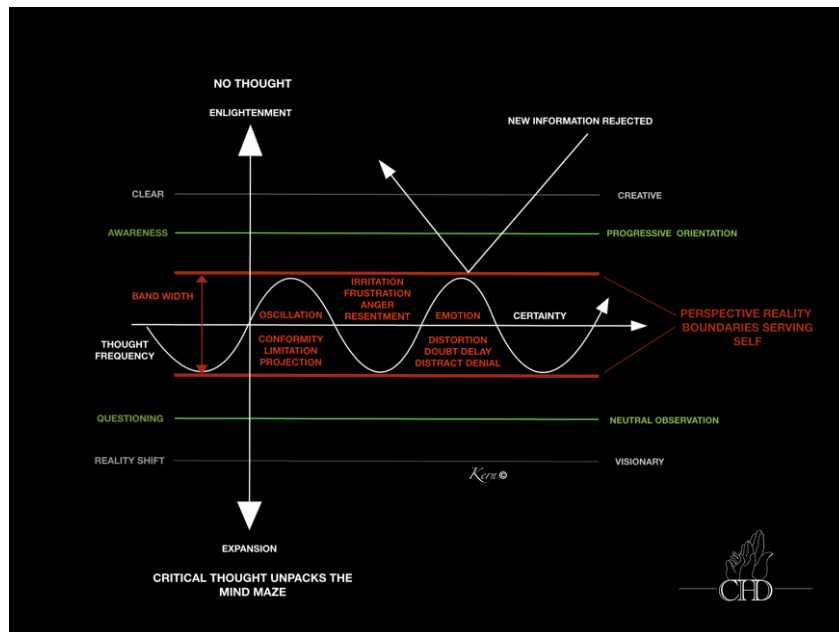
This means, that whilst in the industrial revolution and the technological age, new jobs were created to replace old, they were still primarily process driven left-brain roles; requiring the convergent thought that the educational system conditioned people to work within, to be accomplished effectively. The problem now is, that any and all processes — old or new, will inevitably be automated requiring no human involvement. This stretches from legal, to banking, to accounting, to medical, to IT, to transport — in fact, everything that’s process driven will be replaced including our corporate and political decision making.

This is THE core issue when it comes to discussing the future of work.

Working within our current levels of thought bandwidth, reveals both the problem as well as the solution that we are looking for. In order to unpack the consequences of such a radical social dilemma as the future of work and our relationship with AI, we must dramatically change our thought capacity and frequency; for we are all vulnerable here, and regardless of one's wealth or how elite we might think we are, we are all in this together.

Why I say “together”, is simply, we as a race have to now — as a matter of absolute priority, determine what we want our relationship with AI to be.

Saying we will always need a human in the work equation, is the height of a very dangerous social ignorance. Human beings do not work 24/7/365 without a break; humans are more focused on themselves — than the collective; humans for the most part sever their selective ignorance and needs-based thinking, and do not create anything; they simply consume and compete within a commercial religion that serves no one, but itself. The need to have — not be, to the detriment of the mind and the body, and the suppression of our consciousness potential. The subject of global warming, equally rose out of global ignorance, a state that is growing more complex each day.



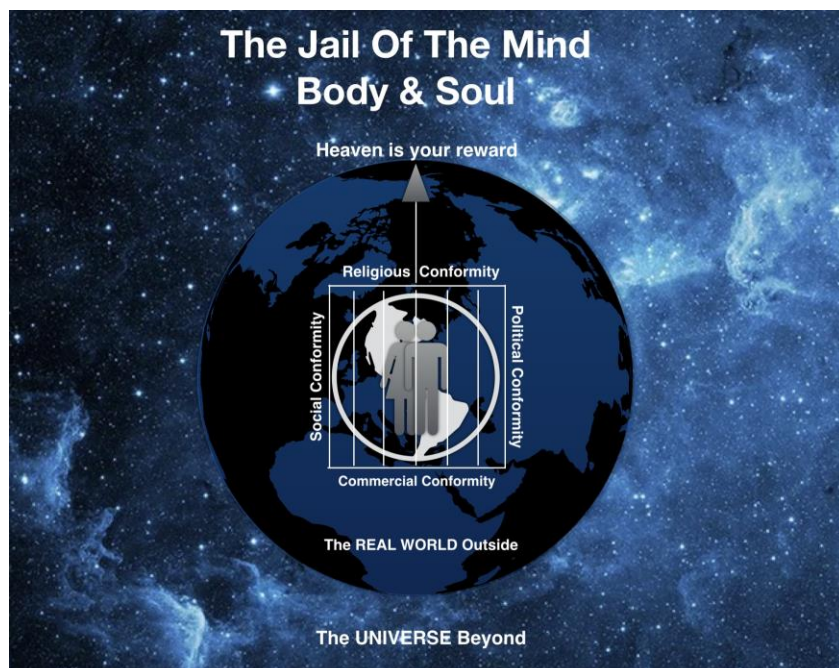
Humans unconsciously & egotistically have the propensity to think they are important in the work equation (and the world for that matter), and they bestow upon themselves the illusory superiority of being of value or needed, especially when it comes to quality control and making decisions in the work space over AI. They think their opinion needs to be heard and their needs need to be represented and respected — just because they exist. When the true commercial value of a human being outside of the ego's projection — is how much it can consume and how much wealth it can generate through activity without thinking *why or who?*

Who am I, why do I do what I do, why do I think the way I do, why do I want what I think I want, why am I here?

There is nothing wrong with seeking one's value within the group — as we grow through our social interactions, however, when it's self-serving for its own ego based sake at the unconscious or conscious expense of others, it's the unconscious inauthentic social identity that is the only part served to preserve a sense of certainty. Outside of this consumer/generator value matrix within a commercially driven societal context, an individual human has no value, and are simply expendable when that value is taken away. This realisation comes as a shock to people, as it's a hard ego and identity pill to swallow. But make someone redundant, and the word itself sums up the real meaning — they are superfluous to requirements and of no value to an organisation, or their old work colleagues for that matter. They do not generate or create wealth through increased consumerism, so in economic terms, they cease to exist from a value base.

Psychologically, redundancy can have a very destructive impact on the mind; in the context of one's identity as a valued member of what society requires. At this point of no value, the person has to re-identify themselves by either attempting to establish the same value matrix in another work role (which in the light of AI's replacement of all current process driven human activity, will no longer exist), or by redefining who they are as an authentic identity.

In other words, they have to discover who they are as a human being for the first time, and this is where their true value begins — to themselves and to a new form of society that will evolve beyond consumerism. It's the second birth. The first birth being of the mind and the body, into a jail bounded by the four walls of conformity —social, commercial, political/legal & religious conformity, and the second being the spirit, free to explore life as it should be without any of these constraints; the move from the mindset to the mind space in consciousness terms. Once we



recognise, that we, as an unconscious race have constructed an unconscious jail for ourselves that serves itself though needless and extreme consumerism (a religion of worship of the dollar, underpinned by the work grindstone to survive through subservience both physically and mentally, within this commercial pyramidal ‘safe reality’ of selective ignorance), we then have to look beyond what we think we know, beyond our event horizon (our current life experience), into the world of potential. And this starts with the latent potential quota of the work force, in terms of brain function.

Our Future

If we attempt to see the future using the lens of the past and what we think we know — establishing our need to be right within our limited projected perspective realities, we will ultimately become a victim of our thinking, our non-thinking, which will inevitably collectively lead to our demise as a race.

The problem we face, lies within the context of leadership. Our current business and political leaders lack vision, simply because they are a peak product of a society that educates into left brain convergent thinking for success and social/commercial value; within the paradigm of what we have collectively assimilated as a race over centuries of decisions to create what we think is “normal life”.

Unfortunately, the more restricted the thinking, the better the individual conforms within this perceived “normal” paradigm. Consequently, the longer we have remained as a society — moving towards the convergent brain bias, the more we have developed a polarised leadership echelon, that simply does not have the mental agility, empathy, critical thought or creative problem solving, to move, make change or adapt to the challenges we face. But conversely through our research, we find the much needed innovation and visionary thinking of the future, lies within those people who have always been suppressed, and who were not paid to think or have ideas.

The rank and file are where the true pathfinders of the future lie, not our current leaders whose thinking is the epitome of an old crumbling system, and are thus the least free of all of us to see behind the veil.

Toxic Leadership

“Knowledge is not wisdom, wisdom is the application of knowledge.”

Our research has revealed an ever widening gap between what we have identified as conscious people — with surfacing minds, and those who are unconsciously

reliant on what the “shell identity”(ego) tells them they are within this age old illusory social construct.

Entrepreneurs are often from backgrounds where they had to fight to overcome obstacles, to overcome personal or social limitations. Many are dyslexic and flunked at school. Consequently the system rendered them useless within its conformity needs as far as convergent thinking, yet their skill in business comes from harnessing the divergent mind to see angles and solve problems beyond other people’s perception.

This form of leadership has curiosity, innovation, agile thinking and high levels of potential at its core, and as a consequence, stands well beyond the suited restrictions of the corporate corridors; rigid minds serving politics, position and pontification, within a regimented structure of limitation and conformity.

Within limitation, there can only be the use of suppression to maintain power; a mind thinking it’s better than others, defending limitation over expansion to ensure a sense of control.

Leadership in corporations, is mostly innovation unfriendly, for success within this realm has come from a convergent mind not divergent; one that is limited as we have discussed in its creative problem-solving, empathetic understanding, and co creativity; all to a point where critical thinking and the observation of self for growth, cannot exist within a state of limiting self identification for corporate survival. The result, is a defensive position of power, that only maintains authority through sandbagging its position and stifling the potential of others who could be viewed as a threat.

Our research reveals this again and again, especially within the context of the future of work and AI. This subject becomes a threat to the identity itself; the sense of self worth within a mind and world of limitation, controlling for certainty’s sake, the expansive nature of existence.

Thus we now come into an evolutionary period for the human race, where the very nature of our thinking, the bandwidth and the frequency we have been programmed to operate within, becomes the cause of — at best our replacement, and at worst our downfall.

I repeat, unless we recognise the limitations of our thinking itself, in terms of bandwidth, beyond what we have been conditioned to think is normal function, we will never be able to step forward beyond the paradigms of convergent thinking; and thus out current world view. Consequently, the future of work can be explored in a series of three questions:

- What will you do when your job, your career, your industry is automated?
- What will you do when all jobs, careers and businesses are automated?
- What latent potential do you have that you are completely unaware of that will fill the void?

The first two are unanswerable beyond the new opportunities the Metaverse will bring (we will explore this shortly), but the last gives us a new look at the future of what work will be, at least in the short to medium term to avoid psychological and social melt downs.

Toxic stress

The issue with convergent thinking is, whilst it benefits the process driven roles of commercial value that are the bedrock of our society, at an extreme bias, it denies the individual the ability to expand one's sense of being —what is, and what is possible. Thus to be convergent, requires the individual to limit their perspective reality, to an internal map of limitation and external projection.

Whilst this map continues to be confirmed and validated in the outside world, the person can mentally operate at a level of consciousness that seems comfortable, and certainly within their comfort zone. However, should the outside world require more flexibility, freedom and adaptability in terms of self identification and awareness, or greater levels of output and management of pressure, the internal resistance of unconscious limiting self identification and resultant internal conflict, causes “toxic stress”; an extreme form of stress that corrodes the synapse of the brain, dulling down function, causing brain fog, a lack of comprehension and problem-solving, as well as poor emotional management. The reduction in processing capability can also result in higher states of fear, anxiety, depression and self destructive behaviour, as well as burn out, neurosis and psychosis.

Toxic stress in our modern society, can come from a feeling of inadequacy, a dread of failure, inequality, a lack of success, a lack of recognition, suppressed potential, addiction, as well as a social fear derived from mental exposure to global issues that affect all, such as pandemics and war.

The conventional ways of dealing with stress is therapy, time off, medication, all of which are treating symptoms, not the cause — which is a conditioned lack of bandwidth in the mind. It's the 16 bit computer trying to run 64 bit programs. Consequently, until you upgrade the processor (the brain) the difficulties remain. This is why addressing toxic stress from a neuroplasticity change position, is the way to go, as it gives the person the cognitive capacity to not only manage the difficulties, but resolve the causes.

For companies and individuals toxic stress is hugely costly in lost time, money and quality of life, so addressing this, is one of the primary applications of CCT (consciousness change therapy), which in addition opens the door to mental acceleration.

Let's start with your latent potential, and then move to the Metaverse.

Within our existing reality, as I've mentioned, once we look beyond self importance and the illusory superiority of regressing human awareness, over progressive AI consciousness, we can see a clearer picture of the future of work.

It's naive to think we can out-perform, manage, stay of value or quality control a mechanism/consciousness that is by virtue of being linked to a global net (mind), unlimited in its potential to process information, as well as having no physical limitations of the human body. In fact, even when it comes to the abstract of the human creative mind as it is, AI is already matching — if not outperforming us in the subjective sense; even AI art is beyond 90% of the population to create. It's simply a matter of a few short years before AI will stand in front of us in a human form, that is identical to ours, but far stronger, unlimited in processing speed, capacity and accuracy, making and taking decisions at lightening speed, and having to slow right down to 'keep up' with a human's slowtarded thinking — so to speak. We have created the apex consciousness that supersedes us in every way, perhaps even in terms of ego, the quintessential, most human of qualities.



The future requires us to up our brain game massively. This could be from an Elon Musk brain chip, to cyborg you into your next useful role in society — yet another fashion of human slavery, or alternatively it could be from releasing the latent potential of the mind; moving from convergent thinking, into divergent thinking and then hemispheric synchronisation (HS) and beyond, mastering theta and gamma brain waves for increased processing speed and performance in every aspect of our endeavours; moving from mind set to MINDSPACE.

HS/flow state, is where the brain uses a balanced, non biased frequency of convergent and divergent thinking, to access the 40 million bit per second

unconscious mind, as the primary mechanism of directed strategic thinking, way beyond the 40 bits of data per second we are conditioned to live within. It's not just a richer, faster, more powerful experience we are looking for here, it's the ability to have the expanding agile thinking necessary to survive a social re-evolution without the inevitable neurotic, psychotic or suicidal results of remaining within the limited social identity.

Psychologically, to make the jump in brain function, the individual has to reset the brain (so information isn't 'lensed' through the ascendant inauthentic identity avatar), just like a computer, and then develop the neuroplasticity (brain structure) in order to run ever faster programs.

Unfortunately, try as you might, using your current bandwidth of thinking to think more expansively, whilst operating within an unconscious self identification through limitation, supported by unconscious thought and language based mind programming patterns, orientated around creating a perspective reality of limitation — simply won't work when it comes to HS. The person has to first accept they can be more, and then enter a process of mind acceleration that requires removing all stress, fear, regret, negativity, scepticism and projections that are a result of the conditioned holistic inauthentic social identity, in order to open the mind space for growth of the brain platform itself.

Mental acceleration is the use of relaxed mental states of being, in all aspects of being, to open PQ — potential quota, EQ — empathetic quota, and SQ — spiritual quota; akin to the peace of meditation, but as a way of life all day — everyday. Once accomplished, the mind operates as it was designed to do, beyond survival needs-based thinking, from a start point of self and social actualisation as the creative architect of all aspects of life and the future.

In practical current work terms, a person in these higher states will massively out perform the process or goal subservient minds we think of as normal or even advanced, in terms of productivity, energy, creativity, agility, and innovation, as well as strategic/critical thinking. Put in simple terms, a person using a fraction of their brain capacity (within polarised convergent left brain thinking or divergent right brain thinking) is not going to be able to stay with a person who is actively developing their brain structure and accelerating away in HS.

It's again, like asking a 16 bit computer to run 64 bit programs, it's not going to work. This is why the future of work is upgrading the structure of the human brain through function, intention and environment, so it can accommodate the new programs necessary to have the agility to develop solutions to problems we cannot currently envisage.

Currently, we are losing the race for consciousness superiority, because we aren't even recognising we are in the race.

Once you take two paradigms of old "work" understanding — working for someone, or secondly, running a business — out of the equation — and look at what's left as

work by definition, we have to realise that the nature of work as a concept, will have to change. Otherwise we are baking cakes in the Titanic's kitchen as a business, while the ship itself is sinking, when we should be preparing for survival.

This survival means our “thinking”, which means the structure of our brains — the neuroplasticity has to change, and this can happen through a teachable, repeatable, proven psychological process, with over a three thousand year history, with the benefit of a modern awareness of neuroscience, psychology and behavioural science.

The future of work begins with the global rise of the mind acceleration industry — within every industry, to facilitate the transition of people changing roles and being made redundant, to a full on re-evolution in the work place. The mental acceleration industry, has the capacity to provide work for the entire human race; initially as a method to earn an income as a replacement for defunct jobs, but as AI moves us rapidly to point zero - where all goods and services cease to be commercially viable, the industry itself will serve as a preparation for a world that is indeed beyond our current event horizons, or capacity to be conscious of.

The Metaverse

Mental acceleration is of course not the only alternative to the future of work, one other will be the explosion of the digital world, the use of the Metaverse to recreate the experience of jobs and life, potentially within realms that could replicate any age, at any time of our history; and consequently only require the convergent mind to be connected to these new digital realities — to feel of value and service to society.

In effect, we transcend from this physical reality to a life in digital spaces, that simulates life as we know it, within yet another prison of the mind. In time, there won't be a difference in the level and quality of our physical or digital experience , as the physical body ceases to be the place we spend our time and we choose an alternative reality. Just like millions of gamers spend the majority of their time in their digital avatars, our digital avatars will become the primary life experience.

Again, this can be a difficult concept for the mind to grasp, beyond its sense of self identification within a bandwidth of limitation. Perhaps for some it's easily understood, and digitalisation is readily accepted by them as the obvious step to take, without the effort of growing the mind itself. Yet, the decision being made — to agree or disagree with what's been said so far and the action subsequently taken, is always within the confines of the current perspective reality of the individual; consequently, given a bit of mind expansion and freedom from the unconsciously adopted internal map, perhaps a completely different view and action may be taken, a much wiser one. This is what increasing awareness/consciousness by changing the neuroplasticity of the mind does — it gives us more flexibility and agility in our thinking to make better quality decisions, for universally expansive rather than individually contractive outcomes.

Summary

Whatever you, the reader, chooses to believe or not believe, to act or not act, the hard fact is that a new age is dawning, that needs a new way of thinking beyond what we think we can get away with, and identify within. Consequently, to accept we are all ignorant in terms of consciousness/awareness, would be a first and a necessary step off our personal islands of certainty that hold us back. Once we do this, we ask the next question “what is enlightenment?” If we don’t believe there is such a thing, Netflix is waiting in line with doubt, delay, denial and distraction, along side our capability to distort and delete reality to serve our internal map and external projections of selective ignorance. Which ultimately determines the life we experience.

But if we do accept the brain can change its structure, for it is what science tells us, and consequently our thinking can expand beyond the concept of IQ as the only determination of a good brain or a bad one, then the next question is ...

“How long are we going to take — living life within a restrictive identity, before we have the wisdom to take the path walked by the greatest minds who ever lived, in order to enjoy the rich experience of life, and survive the AI challenge?”

If you are a conscious leader and not a toxic one, this will be the question you will be keen to ask, answer and implement in the shortest possible time as an absolute priority; for those in your charger as a leader, your family, as well as yourself.

Time & AI waits for no man, and it seems the tick of the technological clock is relentlessly speeding up each and every day.

A.G.I.L.E

Accepting we retained a **Genius** level of **Innovative** capacity at the age of five, and deciding to reclaim our birthright, through learning the **Linguistic** programming language of mind, to create ever more **Expansive** bandwidths of thinking.

About the author ... Kern Frost

Kern is a leading authority on the subjects of mental acceleration, flow state, consciousness change therapy (CCT), spiritual AI, the future of work, human 3.0 and the social re-evolution brought about by the digital revolution. As a speaker, author and psychological researcher, as well as the founder of the — The Council For Human Development, Co Create A Better World, the Kernclinic Zurich, the Human Blockchain alternative investment platform & the Consciousness Coin, Kern advises business leaders, think tanks & political leaders who will listen, on the psychological, sociological and spiritus challenges the next ten years will bring and beyond.



Considering learning mental acceleration and consciousness change therapy (CCT):

Five basic Factors to think about:

1. Your brain functions is at under 5% of its cognitive capacity through your unconsciously conditioned choice of personal limitation.
2. You were a genius in innovative and creative capacity at the age of 5 years — 98% of people were, 2% retain this by 31 years.
3. Your brain has a neuroplasticity that you can manage by changing function, intention and environment, to accelerate thought.
4. You can develop the high functions of gamma and theta brain waves for a richer life experience.
5. You are socially conditioned to think and identify in convergent left brain, at the cost of the super creativity of hemispheric synchronisation and flow state.

With this in mind, why wouldn't you want to master your own brain function, rather than let others program your thoughts? Thoughts such as *WHO* you think you really are, *WHAT* you think you can achieve & *WHY?*— *Questions if left unanswered, mean you become your own worst enemy.*

Try driving a car without learning to drive. If you haven't mastered the following subjects, then your mind and body are on autopilot. You are asleep, you don't know it, and you are yet to wake up. And like most asleep people — you don't want to, but when you do wake up, you become the master of your own life and experience freedom of thought and life for the first time.

Eleven aspects to learning CCT & MENTAL ACCELERATION

One : Who are You

Two identities : Shell & Core

Three aspects : Mind, Body & Spirit

Four conformities : Religious, social, commercial, political

Five agilities : Ascending, genius, inspirational, linguistic, expansion

Six dynamics : Personal, social, environmental, situational, universal, spiritual

Seven stages : Birth, child, youth, adult, middle age, old age, death.

Eight steps to ascension : Accept, aware, assess, adapt, aspire, accelerate, actualise, ascend.

Nine states of ascension : Uncertainty, confusion, settling, curiosity, decision, expansion, clarity, direction, ascension.

Ten laws of the limitless : Understanding, knowledge, creativity, thought, potential, love, wisdom, forgiveness, patience, humility.

Eleven levels of growth ...

Start with number eleven by exploring the eleven levels of growth.

Follow the link: <https://cocreateabetterworld.org/11-steps-of-mental-acceleration/>

For professional training :

CCT PREREQUISITE : The A to Z of the ascension journey in one paragraph of key words:

The individual is required to:

ACCEPT becoming a ***BETTER*** version of themselves, and be ***COMMITTED*** to the ***DECISION*** of ***EXPLORING*** the ***FUNDAMENTAL GENIUS*** of their ***HOLISTIC IDENTITY*** beyond ***JUDGEMENTAL KARMA***, by learning the ***LINGUISTICS*** of the ***MIND-SPACE*** to access the ***NIRVANA*** necessary to ***OPTIMISE*** one's ***POTENTIAL QUOTA***, ***RESULTING*** in ***SUSTAINABLE THOUGHT*** for a ***UNIFIED VISION*** of the ***WORLD*** & thus mastering an ***XENOLALIA*** of ***YES*** to access ***ZION***.

ACCEPT becoming a **BETTER** version : A move from the inauthentic social A identity of the first birth of mind to the second birth of the spirit B.

COMMITTED to the **DECISION** : Of taking the path less travelled to ascension.

EXPLORING the **FUNDAMENTAL GENIUS** : The five year old innovative and creative genius within.

HOLISTIC IDENTITY : The multifaceted nature of being.

JUDGMENTAL KARMA : The summation of what we do and don't do.

LINGUISTICS : How we decode and program our reality.

MIND-SPACE : The clarity of mind beyond mindset.

NIRVANA : A place of perfect peace and happiness.

OPTIMISE POTENTIAL QUOTA : Our consciousness developmental capability.

RESULTING in **SUSTAINABLE THOUGHT** : Expansive progressive critical creative thought.

UNIFIED VISION of the **WORLD** : A global consciousness awakening.

XENOLALIA : An unlearned programming language of mind.

YES : The ability to not to say no.

ZION : A place of heaven, perhaps on earth.

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