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# TIME TO PUT YOUR SPRINTING TO THE TEST AT THE ANDRE GREIPEL SPRINT SCHOOL

## FOUR EVENT SERIES BEGINS NOVEMBER 2ND

Zwift, the global online fitness platform for cyclists, is proud to have partnered with sprint legend, Andre Greipel, for the Andre Greipel Sprint School Series. Starting on November 2nd, the four event series will provide all Zwifters with an opportunity to test themselves against one of the most prolific sprinters of all time.

The events will take place on Wednesdays at 6pm UTC from November 2nd. Each event is 45 minutes in duration and will be held on four different routes; LaGuardia Loop (reverse), Classique, Fan Flats, and Sprinters playground. Andre will lead all events and will be on hand to answer questions from the Zwift community as they ride alongside him.

The events are designed to be social with one exception. Each lap Andre will lead out the group to try and take the green jersey from him. As a true sportsman, Andre will be sharing tips and tricks to help you get the most from your sprint.

“I’m looking forward to sharing the virtual roads with many people around the world once again,” says Andre Greipel. “I look forward to reminiscing about my career and some beautiful victories. I also look forward to sharing some tips and tricks to help each person get the most out of their legs! We will of course go full gas in the sprints but this should be a fun and social series. I look forward to riding with you all.”

For Zwifters looking for a little bit of extra practice ahead of this series, Zwift’s latest Holoreplay feature provides the perfect training aid for a sprint training session. Simply select a freeride and head out to your chosen segment. Holoreplays will let you compete against yourself with the choice to race your previous time, your personal record, or both. Select one of the four courses used in the Andre Greipel Sprint School Series to perfect those sprint segments! You can learn more about Holoreplays [here](#).

You can sign up to the Andre Greipel Sprint School events here

<https://www.zwift.com/uk/events/tag/andregreipel>

### **Andrés Fight against ALS**

In 2013 André Greipel’s mother was diagnosed with the brain disease ALS (Lou Gehrig's Disease). ALS is short for amyotrophic lateral sclerosis and it impacts nerve cells in the brain and the spinal cord. Eventually, patients cannot control their muscles and they become paralyzed. Most patients will die within five years after diagnosis. Read about Andrés Fight against ALS and support the cause here [http://andregreipel.de/en/fight-als\\_en/](http://andregreipel.de/en/fight-als_en/)



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## ABOUT ZWIFT

Zwift is the fitness company born from gaming. We're dedicated fitness enthusiasts, experienced video game developers, and disruptive thinkers. Play is in our DNA and we know fun fuels results.

Zwift utilizes massively multiplayer online gaming technology to create rich, 3D worlds ripe for exploration. Join thousands of cyclists and runners in immersive playgrounds like London, New York, and Paris as well as our very own Watopia.

Our app connects wirelessly to exercise equipment: bike trainers, treadmills, and more, so your real world effort powers your avatar in the game.

From friendly races to social rides and structured training programs, Zwift unites a diverse community in pursuit of a more fun, immersive and social fitness experience.

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