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INTRODUCING THE ZWIFT ACADEMY RUN TEAM FOR 2022

SIX ATHLETES FROM AROUND THE WORLD MAKE UP THIS YEAR'S TEAM AS THEY PREPARE FOR THE BERLIN MARATHON 2022

Zwift, the online global fitness platform, has today announced the six members of the Zwift Academy Run Team 2022. Over 12,000 people signed up for Zwift Academy Run. All those that completed the program's 8 structured workouts and 2 progress runs, graduated with a chance to make the final team selection process. The final six members are runners from a variety of different backgrounds, each with an interesting story to tell.

Hailing from across the globe, the Zwift Academy Run Team for 2022 is:

Kristin McLane, USA. Kristin runs a computer software company. She is a former professional road cyclist, has run a number of half marathons but this will be Kristin's first marathon. She is hoping for a time of 3 hours and 45 minutes.

Maria Kerres, Germany. Maria is qualifying to become a tax officer. This is her first marathon and she is hoping to run under 2 hours 35 minutes.

Stacy Frogley, Australia. Stacy is a history teacher in Australia. She hopes to beat her current best marathon time while also qualifying for the Boston marathon.

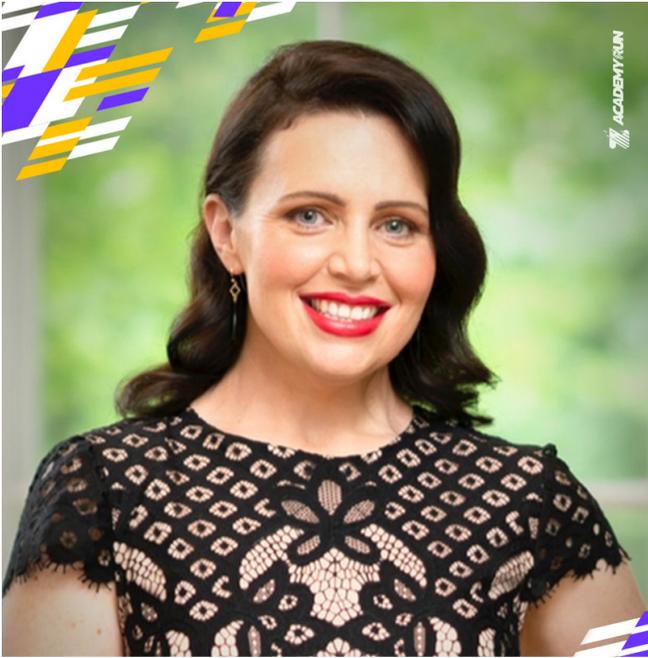
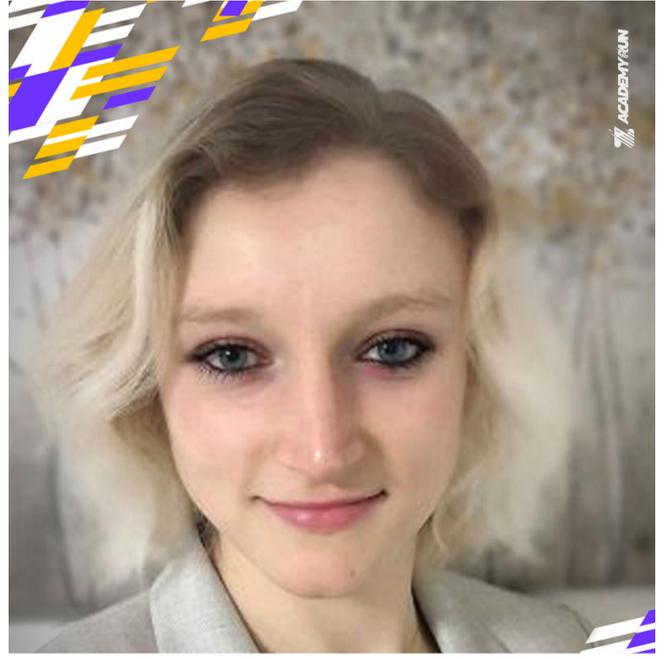
Kevin Lohner, USA. Kevin lives in California and works with rockets. His goal for ZA is to run his fastest possible race and to learn from the coaches and team to keep improving for many years to come.

Andrew Humphries, UK. Andrew is a lawyer, he ran through school but stopped due to a couple niggling injuries, returned to running after meeting his wife. Starting with Parkruns, Andrew has run a few marathons with a current PB of 2.41, he is hoping to run sub 2.30 in Berlin.

Sunny Lee Yu Kein, Malaysia. Sunny works in a logistics business, finding running at 39 but has since become an integral part of his life. His goal for ZA is to qualify for Boston and run a sub-3 hour marathon.

Athletes will receive coaching and mentorship throughout the year in the build-up towards the Berlin Marathon from both Terrence Mahon and Jen Rhines. adidas is supplying all athletes with top of the line training apparel and run footwear. Woodway will be providing treadmills and Garmin will provide GPS smartwatches, heart rate monitors and cadence sensors. Goodr will provide sunglasses. Maurten will provide products based on their hydrogel technology.

Follow along the Zwift Academy Run team's journey as they balance everyday life while trying to train to be their best for the Berlin Marathon. The team will meet for the first time in July at team camp in California. There is a wide range of goals set by each team member, with some trying to run under 2 hours 30 minutes while others are looking to break 4 hours with their first marathon.





ABOUT ZWIFT

Zwift is the fitness company born from gaming. We're dedicated fitness enthusiasts, experienced video game developers, and disruptive thinkers. Play is in our DNA and we know fun fuels results.

Zwift utilizes massively multiplayer online gaming technology to create rich, 3D worlds ripe for exploration. Join thousands of cyclists and runners in immersive playgrounds like London, New York, and Paris as well as our very own Watopia.

Our app connects wirelessly to exercise equipment: bike trainers, treadmills, and more, so your real world effort powers your avatar in the game.

From friendly races to social rides and structured training programs, Zwift unites a diverse community in pursuit of a more fun, immersive and social fitness experience.



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