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INTRODUCING THE ZWIFT ACADEMY TRI TEAM FOR 2022

SIX ATHLETES FROM AROUND THE WORLD MAKE UP THIS YEAR'S TEAM AS THEY PREPARE FOR THE IRONMAN WORLD CHAMPIONSHIPS IN KONA FOR THE FIRST TIME SINCE 2019

Zwift, the online global fitness platform, has today announced the six members of the Zwift Academy Tri team competing in 2022. Over 150,000 people signed up for Zwift Academy. All those that completed the program's 10 structured workouts and 4 progress rides and runs, graduated with a chance to make the final team selection process. The final six members were selected based on their Zwift Academy performance, past race results and team fit.

Hailing from across the globe, the Zwift Academy Tri Team competing in 2022 is:

Gro Henge Jermstad, Norway. Gro's first ever triathlon was Norseman in 2013 and she's gone from strength to strength from there.

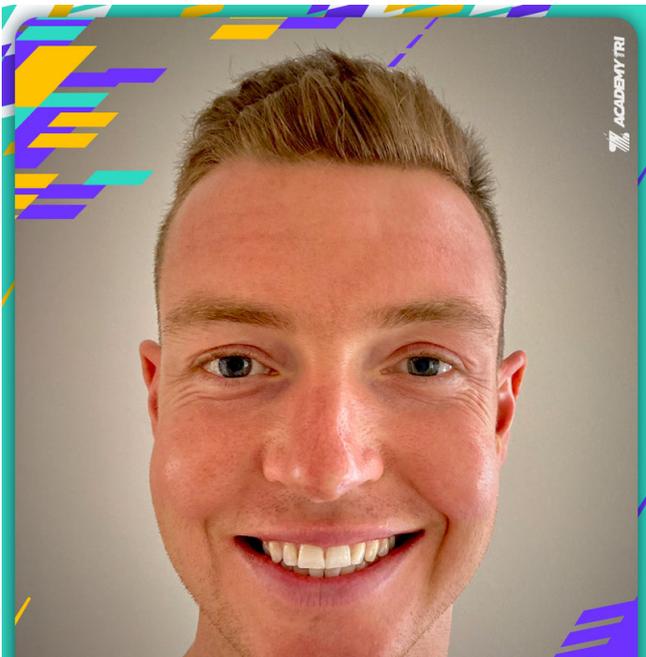
Lars Wichert, Germany. Lars is a former Olympic rower and topped the podium on his first triathlon in Hamburg.

James Martin, Australia. James works in the financial industry and is hoping to take the leap to the pro ranks.

Neil Eddy, UK. Neil is based in Cornwall where he works in getting kids involved in sports.

Emily Freeman, UK. Emily comes from a swimming background and currently works in the hospitality industry in Dorset.

Karrie Stewart, USA. Karrie is a small business owner in Seattle, with her first triathlon race only in 2019.





The team for 2022 will benefit from incredible support from some of the sport's best known-brands as they build towards the IRONMAN World Championships in Kona. Specialized will be supplying the team with bikes, race kits, shoes, helmets, and money-can't-buy performance experiences. Wahoo is providing the full Wahoo ecosystem. WHOOP joins as the performance and recovery partner. Each team member will be receiving eyewear and swim apparel from ROKA with Precision Fuel & Hydration joining to provide the team's sport nutrition. Returning as Zwift Academy Tri team mentors and ensuring the team get invaluable guidance are Tim Don and Sarah True.

The Zwift Academy team competing in 2022 will meet for the first time at their team camp held in the USA in May. From here there will be more updates on the team as we follow their journey to qualify for Kona.

In the meantime, the Zwift Academy team that had been due to compete at last year's cancelled IRONMAN World Championships in Kona, are currently ramping up preparations for the IRONMAN World Championships in St George on 7 May 2022. You can catch up with all their preparations and progress, with these videos [here](#).



The team selected in 2021 preparing for IRONMAN World Championships in St George.

ABOUT ZWIFT

Zwift is the fitness company born from gaming. We're dedicated fitness enthusiasts, experienced video game developers, and disruptive thinkers. Play is in our DNA and we know fun fuels results.

Zwift utilizes massively multiplayer online gaming technology to create rich, 3D worlds ripe for exploration. Join thousands of cyclists and runners in immersive playgrounds like London, New York, and Paris as well as our very own Watopia.

Our app connects wirelessly to exercise equipment: bike trainers, treadmills, and more, so your real world effort powers your avatar in the game.

From friendly races to social rides and structured training programs, Zwift unites a diverse community in pursuit of a more fun, immersive and social fitness experience.



ZWIFT