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## THE ZWIFT RACING LEAGUE IS BACK - REGISTER NOW!

Zwift Racing League, the biggest virtual cycling competition, returns this autumn with racing for all abilities. This team-based competition saw 1,530 teams and 11,759 racers take part in Season 3 earlier this year. This is a competition not to be missed so we've pulled together a short guide on everything you need to know about the Zwift Racing League.

### **How do I take part?**

Registration for the Zwift Racing League is now open. You must register your team by September 25th. Registration takes place on the WTRL Zwift Racing League Website here - <https://www.wtrl.racing/zwift-racing-league/>

Each team can be comprised of up to 12 racers. Teams may rotate riders each race and must field a minimum of 4 riders and up to a maximum of 6 per round. Mark your calendars and rest your legs as races take place every Tuesday.

## **How does it work?**

Zwift Racing League is a team-based competition, with each rider's points converted into league points for the team.

Races alternate between Team Time Trials (TTT) and circuit races. For Team Time Trials, the result is taken from the fourth rider across the lines with points awarded based on finish time.

In circuit races, points are awarded based on finish position. Bonus points are also available via 'First Across The Line' (FAL) or 'Fastest Through The Segment' (FTS) primes, with points awarded to the top 10.

Each season takes place over a period of 8 weeks, with the winners crowned at the end of the competition.



## **What is a 'Team Time Trial' or TTT and how does it work in Zwift?**

Similar to the individual time trial, a team time trial is a race against the clock. Teams must work together closely, each taking turns in the wind. Team time trials are fast, require a high level of concentration, communication and most importantly, teamwork.

Team Time Trial racing on Zwift was developed by community race organiser, WTRL. WTRL continues to host regular Team Time Trial events on Zwift and also organise the Zwift Racing League. All teams are allocated start times and must set off together at their allocated time - get those watched synced! WTRL calculates final times after the race with results posted on the Zwift Racing League site.

Communication is highly important, so many teams use [Discord](#) for live communication during the race.

### **Will there be a Premier Division?**

Absolutely! The Zwift Racing League Premier Division features the very best esports teams and competitors. Racing will be streamed live every Monday on the [Zwift YouTube channel](#). Competition for all abilities and all territories

Zwift Racing League offers competition for all abilities of rider, with racing from D category and above. Those who improve their fitness during the Zwift Racing League will have the opportunity for their team to be promoted to the next division up.

Zwift Racing League will take place every Tuesday for the Mixed ZRL Teams and Women's ZRL teams. There will be four women's divisions across different timezones. There will be ten different divisions for mixed teams, making the Zwift Racing League a truly global competition. A full list of divisions and race times can be found [here](#).



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## ABOUT ZWIFT

Zwift is the fitness company born from gaming. We're dedicated fitness enthusiasts, experienced video game developers, and disruptive thinkers. Play is in our DNA and we know fun fuels results.

Zwift utilizes massively multiplayer online gaming technology to create rich, 3D worlds ripe for exploration. Join thousands of cyclists and runners in immersive playgrounds like London, New York, and Paris as well as our very own Watopia.

Our app connects wirelessly to exercise equipment: bike trainers, treadmills, and more, so your real world effort powers your avatar in the game.

From friendly races to social rides and structured training programs, Zwift unites a diverse community in pursuit of a more fun, immersive and social fitness experience.



ZWIFT