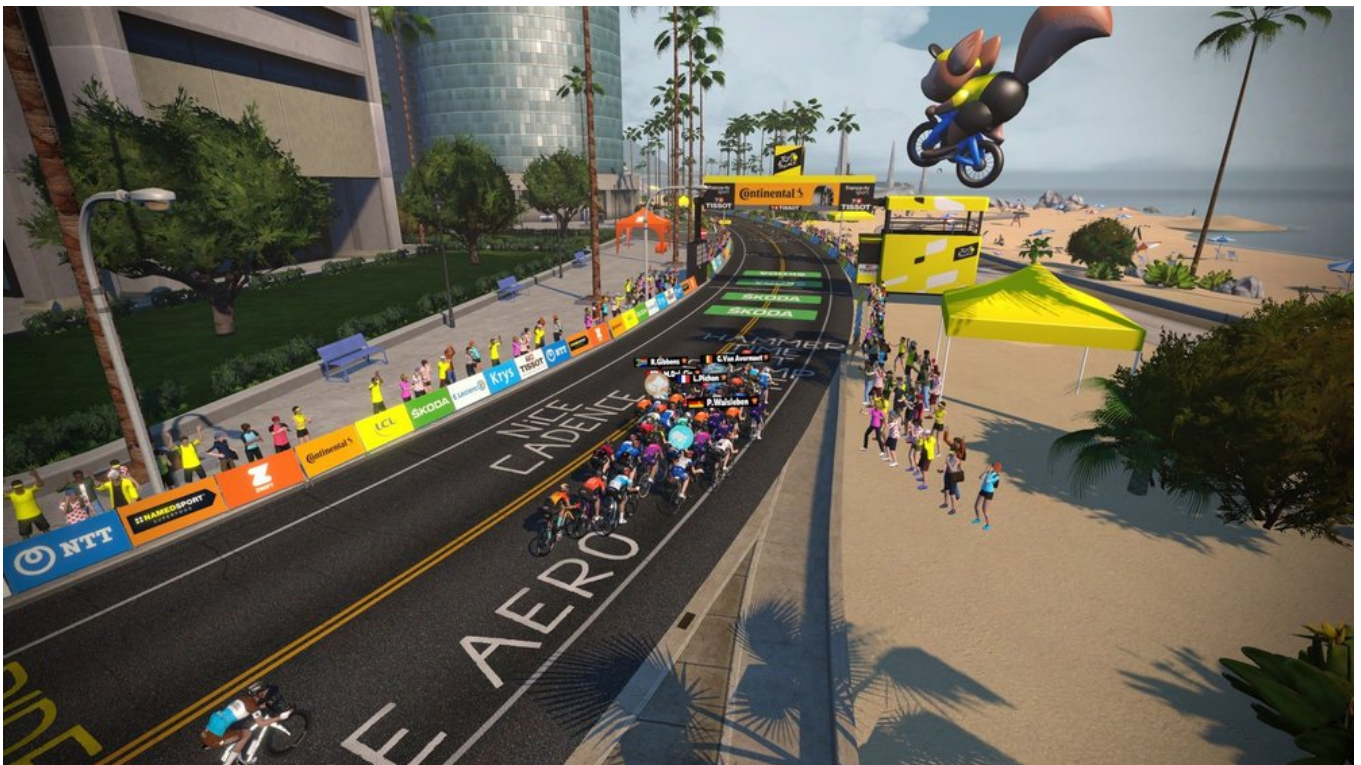




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THE PELOTON VENTURES INTO VIRTUAL FRANCE FOR WEEK TWO OF THE VIRTUAL TOUR DE FRANCE



Heading into the weekend we are gearing up for stages three and four of the Virtual Tour de France where you can expect a game of two halves. Both the men's and women's pelotons will sign-up their team's power houses as they'll face a fast, flat stage on Saturday. Whilst Sunday's stage will see them swap to their climbing bikes and enlist their puncheurs for Zwift's very own version of a French 'casse-pattes'.

It's going to be another star-studded startlist with the likes of Egan Bernal (Team Ineos), Lizzie Deignan (Trek-Segafredo), Elia Viviani (Cofidis), Chloé Dygert (Team TWENTY20), Yves Lampaert (Deceuninck-Quick Step) and Ashleigh Moolman-Pasio (Team CCC-Liv). The women's peloton will see 16 of the world's elite teams take to the startline with 23 of the men's top teams being represented.

As was the case with last week's stages there are plenty points up for grabs, with jerseys being awarded for GC, K/QOM, Sprint and Young Rider, with the team leading the team classification having yellow markers on their virtual jerseys. Expect increased tactics this week as Team Tibco-Silicon Valley Bank and NTT Pro Cycling Team fight to protect their yellow jerseys.

Here is what the Zwift world has in store for each peloton over this weekend's two stages.

Stage Three: France's RGV

Date: Saturday 11th July

Timings:

Women's: 14:47 CET // 05:47 PDT // 22:47 AUS

Men's: 15:52 CET // 06:52 PDT // 23:52 AUS

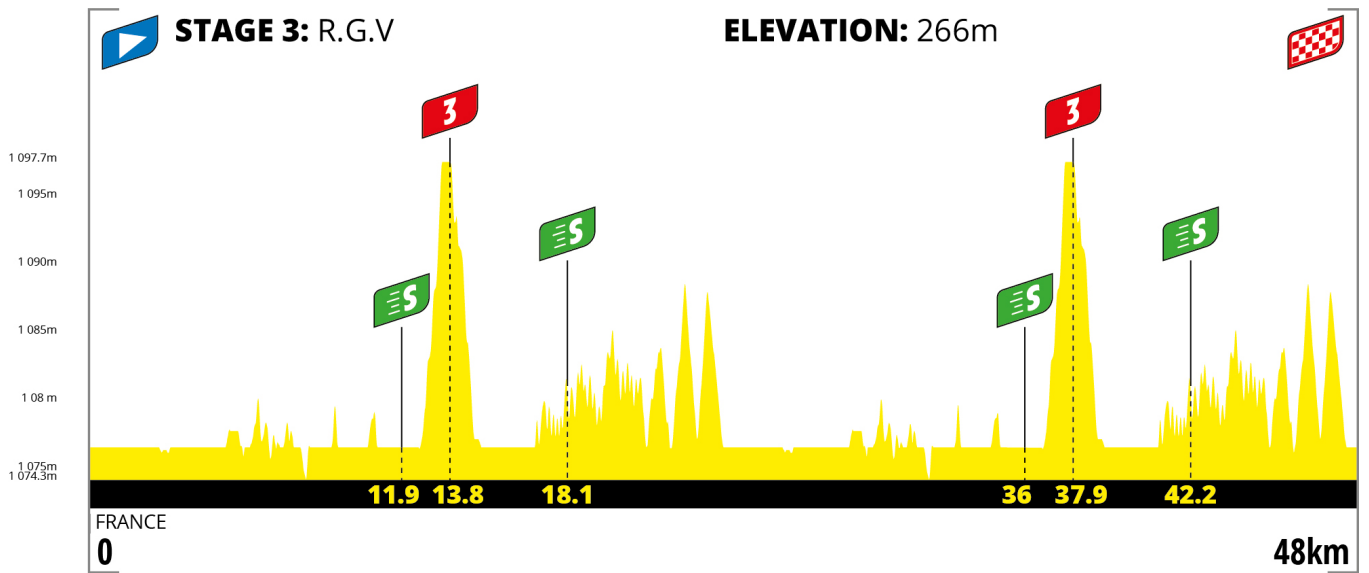
This week the peloton leaves the virtual world of Watopia and heads to a newly created 'native' virtual France, a debut course created by Zwift especially for this historic event. Racers will tackle two laps of the fast R.G.V. circuit. Starting in the flatlands of virtual France there will be plenty of opportunity for the sprinters to test their legs and pick up green jersey points with two intermediate sprints up for grabs per lap, the first of them comes after 11.9km with the Pavé Sprint Reverse. But sprinters will need to recover fast as the first Q/KOM point opportunity comes less than 2km later with the Category 3 climb: 'Aquaduc Reverse'. The second Skoda green jersey sprint point comes next with the Ballon Sprint Reverse. The race finishes at the R.G.V marina at the end of the second lap. Expect to see Team Tibco-Silicon Valley Bank and NTT Pro Cycling working hard during the day's stage to protect their green jerseys.

For further details click [here](#)

Start Lists:

[Stage 3 Women](#)

[Stage 3 Men](#)



Stage Preview Gallery:



Stage Four: France's Casse-Pattes

Date: Sunday 12th July

Timings:

Women's: 14:47 CET // 05:47 PDT // 22:47 AUS

Men's: 15:52 CET // 06:52 PDT // 23:52 AUS

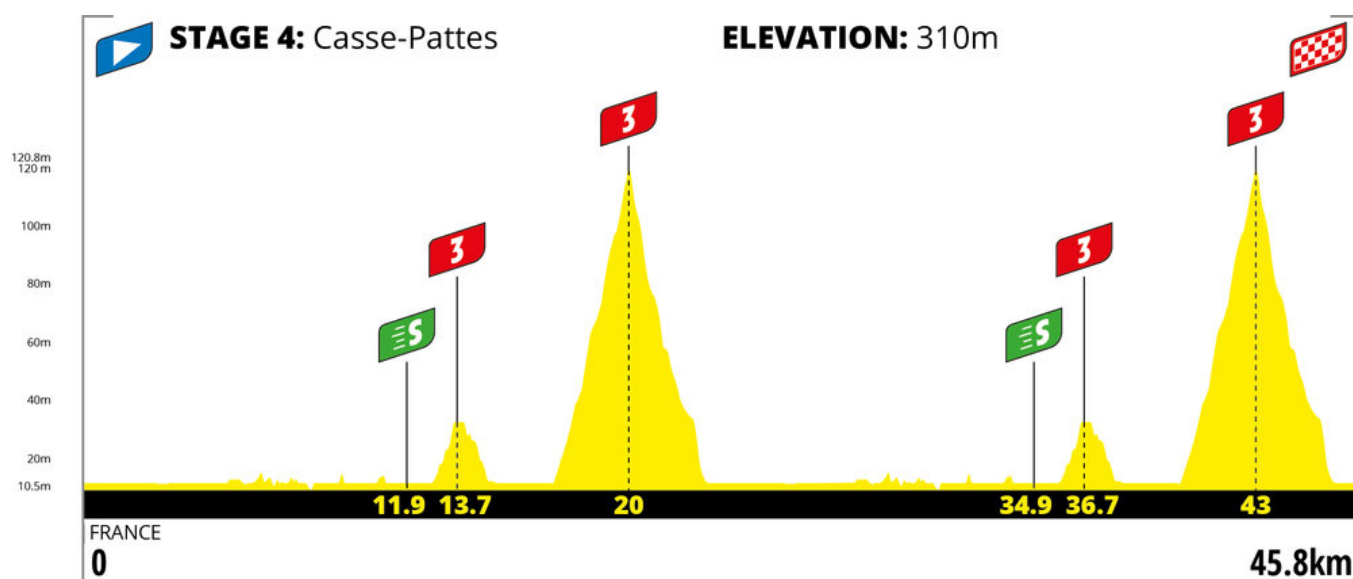
Stage four sees the race move from the virtual French flatlands to slightly more challenging terrain. This day will be a day for the puncheurs. If you loved the castles and quaint French town of R.G.V., then there's more of that in store during Casse-Pattes. This route starts off on the flat with a brief opportunity for the sprinters to score points in the green jersey classification at the Pavé Sprint Reverse. Following this, the racers will tackle two Category 3 climbs, the Aquaduc KOM Reverse followed by the longer Petit KOM. Racers then descend quickly back to the R.G.V. marina finish line where they will begin their second and final lap. The rolling terrain of Stage four could provide the perfect opportunity for the breakaway specialists but expect Drops Cycling and Israel Start-Up Nation to be ready to fight to the top of the climbs as they attempt to keep their polkadot jerseys.

For further details click [here](#)

Start Lists:

[Stage 4 Women](#)

[Stage 4 Men](#)



Stage Preview Gallery:



Race images

Images will be available during both races, both days and will be uploaded in real time during and after the race. For images click [here](#)

Post Race Interviews





To register interest for post-race interviews via Zoom, please contact [Hannah Troop](#)

Where to watch

A full list of broadcasters for the Virtual Tour de France can be found [here](#)

Jerseys and Challenges

Rules for all Virtual Tour de France race classifications can be found below:

 <p>General time classification LCL</p>	<p>First 25 riders score points at the finish. Points are awarded as follows:</p> <p>Finish: 50 / 40 / 35 / 30 / 27 / 25 / 23 / 21 / 19 / 17 / 15 / 14 / 13 / 12 / 11 / 10 / 9 / 8 / 7 / 6 / 5 / 4 / 3 / 2 / 1</p> <p>The team with the most combined points earns the yellow jersey. Their nominated team captain wears the yellow jersey in the following stage.</p>
 <p>General point classification Škoda</p>	<p>Sprint points are awarded at intermediate locations and at the finish of each stage:</p> <p>Intermediate: 10 / 9 / 8 / 7 / 6 / 5 / 4 / 3 / 2 / 1 Finish: 10 / 9 / 8 / 7 / 6 / 5 / 4 / 3 / 2 / 1</p> <p>The team with the most combined sprint points earns the green jersey. Their nominated team captain wears the green jersey in the following stage.</p>
 <p>Best climber classification E.Leclerc</p>	<p>Points are awarded based on the difficulty of the climb:</p> <p>Category 1: (Chalet-Reynard Finish / Stage 5): 20 / 18 / 16 / 14 / 12 / 10 / 8 / 6 / 4 / 2 Category 2: (Epic KOM / Stage 2): 10 / 8 / 6 / 4 / 2 / 1 Category 3: (Remaining K/QOM / Stages 1,3,4,5): 3 / 2 / 1</p> <p>The team with the most combined points earns the polka dot jersey. Their nominated team captain wears the polka dot jersey in the following stage.</p>
 <p>Best young rider classification Krys</p>	<p>First 10 riders born after January 1st, 1995 score points at the finish. Points are awarded as follows –</p> <p>Finish: 10 / 9 / 8 / 7 / 6 / 5 / 4 / 3 / 2 / 1</p> <p>Team points are not combined. Each team should align at least one young rider in the roster for each stage to compete for this classification.</p>
<p>Team classification Namedsport></p>	<p>The team with the most combined points of all competitions (GC, K/QOM, Sprint, Young Rider, and Most Combative) will have yellow markers on the back of the jerseys. The marker will only be visible in the broadcast of the race, riders in the race will not see the markers.</p>
<p>Most aggressive rider Antargaz</p>	<p>A Twitter poll conducted during the race will choose the 3 most combative riders of the stage.</p> <p>Points are awarded as follows: 5 / 3 / 1/</p>

ABOUT ZWIFT

Zwift is the indoor training phenomenon taking the world by storm. An online platform helping everyone meet their fitness goals while having tons of fun along the way. Engaging gameplay meets fitness meets a global community of cyclists and runners. The result? Serious training made fun.

Meet new friends. Make new rivals. Ride up mountains. Run through jungles. Sprint through real roads made virtual or cruise across futuristic cities. Fun, flexible year-round training becomes the new normal with Zwift.

Build strengths and smash weaknesses with thousands of workouts. Train day or night, no matter the weather, and close the gap between where you are and where you want to be. Looking for something more specific? Flexible training plans by world-class coaches adjust to your schedule and help get you ready for race day.



ZWIFT