



The Harbor at Hickory Hill Residents Making a Difference and Staying Engaged During Coronavirus

Senior living residents lean on old trades and learn new technology to stay engaged and active during shelter in place initiatives.

PRATTVILLE, Ala. (April 11, 2020) – The Harbor at Hickory Hill continues to serve residents through life enriching activities in order to promote health and wellness, as part of a family of 14 assisted living and memory care communities operated by Legacy Senior Living across the Southeast.

Along with its sister facilities, The Harbor at Hickory Hill has implemented visitor restrictions but has taken numerous extra steps to keep residents connected with loved ones and in positive spirits. From introducing old hobbies to experiencing new technology, every day is fostering precious moments for those who call The Harbor at Hickory Hill home. Residents have chipped in with staff members by sharing their time and talent to sew cloth mask covers and ear guards, definitely outshining the younger generations with their mastery of the needle and thread.

Residents also remain connected to loved ones through technology available to us today. Many have experienced their first Facetime video call, quickly becoming accustomed, and enjoying seeing the smiles on the faces of their family. Our residents are also featured in our regular Facebook updates, and even online birthday celebrations with those they love.



“We understand the spiritual well-being of our residents is as important as their physical needs, especially as we face the challenges of the Coronavirus pandemic. The Harbor at Hickory Hill is grateful for all the families who have joined us in our efforts to minimize residents’ exposure to this virus while still lifting them up with video chats and window-side visits,” said Lynn Mann, executive director of The Harbor at Hickory Hill.

Residents have shared joyful Facetime and window-side experiences on Facebook, which have been very encouraging to them. The senior living community continues to encourage families and friends to contact them to arrange these remote video meetings with their loved ones.

The Harbor at Hickory Hill has also taken extra measures to keep residents active and healthy during this time, ensuring they get some fresh air and sunshine while practicing social distancing during activities and installing Immunity Boost Stations throughout the facility. The stations offer healthy foods and vitamin-infused hydration with the goal to help boost immunity and combat anxiety.

“The immunity stations are designed to promote overall wellness through natural means such as staying well hydrated, getting proper rest, and staying connected with family and friends. Even during this difficult time, our mission continues to prioritize the quality of life for the greatest generation of Americans who reside in our communities. We believe these proactive wellness efforts can give residents a positive outlook, a sense of calm and perhaps even a stronger immune system,” said Bryan Cook, co-founder and president of Legacy Senior Living, which operates The Harbor at Hickory Hill.

Additional information will be posted at this link: <https://www.legacysl.net/coronavirus/>. More information is available by contacting Legacy Senior Living, (423) 478-8071.



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PHOTO CAPTION 1: Hazel Howell, a resident at The Harbor at Hickory Hill's sister facility, teaches administrator Allen Chambers how to properly sew buttons for ear guards.

PHOTO CAPTION 2: Ann Hancock, a resident at The Harbor at Hickory Hill's sister facility, is being assisted by caregiver Za'Mya Jackson to Facetime with her family.

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Located a short distance from Montgomery, Ala., in beautiful Prattville, Ala., The Harbor at Hickory Hill is known for its experienced caregivers, lively atmosphere and exceptional service. The team at The Harbor at Hickory Hill goes out of their way to make their residents feel at home in a friendly, caring, spacious and well-appointed community.

The [memory care facility](#) is among the region's newest, the staff is friendly, and the environment is designed with safety in mind. The Harbor at Hickory Hill values the dignity of each resident, and consider it a wonderful opportunity and blessing to serve them. More information is available at hickoryhillharbor.net or (334) 361-5111.

The Harbor at Hickory Hill is part of a family of senior living communities throughout the Southeast owned and/or operated by Legacy Senior Living, of Cleveland, Tenn. Legacy Senior Living specializes in offering independent living, assisted living, and Alzheimer's care services. More information is available at legacysl.net.



The Harbor at Hickory Hill - Prattville, AL