



Renaissance Senior Living of Vero Beach Teams Up with Lee University to Bring Virtual Arts Learning Vero Beach Seniors

Through the university's Encore program, residents at Renaissance Senior Living of Vero Beach are experiencing a health-promoting exposure to music under Maestro Bob Bernhardt.

VERO BEACH, Fl. (October 23, 2020) – In fulfilling the commitment to promote good health, mental stimulation, and social engagement for its residents during the pandemic, Renaissance Senior Living of Vero Beach and its sister facilities across the Southeast have teamed up with Lee University to enroll 250 seniors in a virtual arts learning program hosted by Artist-in-Residence Maestro Bob Bernhardt.

In weekly webinars streamed every Friday in October, Maestro Bernhardt, artist-in-residence at Lee University and Principal Pops Conductor of the Chattanooga Symphony Orchestra, explores and discusses pieces of music from the middle ages to modern-day and dives into how they can ignite emotions in listeners.

Titled “Pandemic Playlist,” these virtual classes feature Maestro Bernhardt talking about and playing excerpts from classical and film music that has helped him navigate these uncharted waters. Each online session features the music of reflection, gratitude, joy, and triumph, the music of all kinds that both soothes and enriches the spirit.

“Before the pandemic, Renaissance Senior Living of Vero Beach residents enjoyed outings and field trips; however, with the increased precautions our facility has taken due to COVID-19, it is important to us to find engaging activities for our residents. We’ve had to really think outside the box to ensure interesting, fulfilling, and safe experiences are available to them. This collaboration between Lee University and Legacy Senior Living’s network of facilities has been wonderful for our residents. It offers a fun, creative activity, and they enjoy the music discussions with Maestro Bernhardt,” said Eric Sajid, Executive Director for Renaissance Senior Living of Vero Beach.

“Programs like this are much more than a leisure activity for our residents. This type of engagement is a very positive factor in promoting good health for seniors. The social and cognitive engagement help keep their minds working and staying sharp, which is of course essential in the aging process,” said Barry Ray, Founder and Chief Executive Officer of Legacy Senior Living, which manages Renaissance Senior Living of Vero Beach.

Of the approximately 500 students enrolled in the Encore program this semester, 250 are residents of Renaissance Senior Living of Vero Beach and its sister facilities across the Legacy Senior Living network in five Southeastern states. Legacy Senior Living has covered the \$25 enrollment fee for each resident who wished to enroll.

“Lee University has done an outstanding job of adapting to virtual programming during the COVID-19 pandemic, and we’re beyond grateful for the opportunity to provide our residents with this enriching experience in the arts,” said Sajid.

Each student, including Renaissance Senior Living of Vero Beach enrollees, will have the opportunity to participate in a graduation ceremony in November to celebrate the knowledge gained throughout the course.

PHOTO CAPTION: Residents from Legacy Village of Cleveland engage through music with Lee University's online Encore program.



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ABOUT RENAISSANCE SENIOR LIVING - VERO BEACH, FL

Located minutes from the gorgeous beachfront in Indian River County, Renaissance Senior Living of Vero Beach provides a secure, attentive, homelike atmosphere while offering a full range of helpful services to those looking for a senior living community in Indian River County. The assisted living and [Alzheimer's memory care facility in Vero Beach, Fla.](#) is among the region's most innovative.

It is Renaissance Senior Living's honor to serve a very special group of residents. The assisted living residents stay active in a safe environment, where they receive the support they need with grooming, medications, and round-the-clock access to a caring staff.

Renaissance Senior Living of Vero Beach has set the standard for senior housing and retirement services in the Indian River County, Fla. area.

More information is available at (772) 562-8491 or renaissanceverobeach.com.

Renaissance Senior Living of Vero Beach is part of a family of senior living communities throughout the Southeast owned and/or operated by Legacy Senior Living, of Cleveland, Tenn. Legacy Senior Living specializes in offering independent living, assisted living, and Alzheimer's care services. More information is available at legacysl.net.



Renaissance Senior Living - Vero Beach, FL