



Renaissance Assisted Living of Greene County Teams Up with Lee University to Bring Virtual Arts Learning to Stanardsville Seniors

Through the university's Encore program, residents at Renaissance Assisted Living of Green County are experiencing a health-promoting exposure to music under Maestro Bob Bernhardt.

CHARLOTTESVILLE, Va. (October 23, 2020) – In fulfilling the commitment to promote good health, mental stimulation, and social engagement for its residents during the pandemic, Renaissance Assisted Living of Greene County and its sister facilities across the Southeast have teamed up with Lee University to enroll 250 seniors in a virtual arts learning program hosted by Artist-in-Residence Maestro Bob Bernhardt.

In weekly webinars streamed every Friday in October, Maestro Bernhardt, artist-in-residence at Lee University and Principal Pops Conductor of the Chattanooga Symphony Orchestra, explores and discusses pieces of music from the middle ages to modern-day and dives into how they can ignite emotions in listeners.

Titled “Pandemic Playlist,” these virtual classes feature Maestro Bernhardt talking about and playing excerpts from classical and film music that has helped him navigate these uncharted waters. Each online session features the music of reflection, gratitude, joy, and triumph, the music of all kinds that both soothes and enriches the spirit.

“Before the pandemic, Renaissance Assisted Living of Greene County residents enjoyed outings and field trips. In light of the increased precautions our facility has taken due to COVID-19, it is important to us to find engaging activities for our residents. We’ve taken steps to ensure interesting, fulfilling, and safe experiences are available to them. With this joint effort between Lee University and Legacy Senior Living’s network of facilities, Encore has been a home run because it offers fun, creativity, and a true treat for the senses in the form of Maestro Bernhardt’s music discussions,” said Amber Ralls, Executive Director for Renaissance Assisted Living of Greene County.

“Programs like this are much more than a leisure activity for our residents. This type of engagement is a very positive factor in promoting good health for seniors. The social and cognitive engagement help keep their minds working and staying sharp, which is of course essential in the aging process,” said Barry Ray, Founder and Chief Executive Officer of Legacy Senior Living, which manages Renaissance Assisted Living of Greene County.

Of the approximately 500 students enrolled in the Encore program this semester, 250 are residents of Renaissance Assisted Living and its sister facilities across the Legacy Senior Living network in five Southeastern states. Legacy Senior Living has covered the \$25 enrollment fee for each resident who wished to enroll.

“Lee University has done an outstanding job of adapting to virtual programming during the COVID-19 pandemic, and we’re beyond grateful for the opportunity to provide our residents with this enriching experience in the arts,” said Ralls.

Each student, including Renaissance Assisted Living of Greene County enrollees, will have the opportunity to participate in a graduation ceremony in November to celebrate the knowledge gained throughout the course.

PHOTO CAPTION: Residents from Legacy Village of Cleveland engage through music with Lee University's online Encore program.



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ABOUT RENAISSANCE ASSISTED LIVING - STANARDSVILLE, VA

Located at the gateway to the beautiful Blue Ridge Mountains of Stanardsville, Va., Renaissance Assisted Living and The Harbor at Renaissance are known for their experienced caregivers, warm atmosphere and exceptional service. They go out of their way to make residents feel at home in a friendly, spiritually vibrant community.

The [assisted living](#) and [Alzheimer's and memory care](#) services here are unparalleled in eastern Virginia. The staff is friendly, the environment is safe, and Renaissance Assisted Living and The Harbor at Renaissance value the dignity of each resident, considering it a special blessing to serve them.

More information is available at (434) 985-4481 or renaissancealf.cc.

Renaissance Assisted Living of Greene County and The Harbor at Renaissance is part of a family of senior living communities throughout the Southeast owned and/or operated by Legacy Senior Living, of Cleveland, Tenn. Legacy Senior Living specializes in offering independent living, assisted living, and Alzheimer's care services. More information is available at legacysl.net.

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