

# Enola Henson Celebrates 10 Years of Residency at Grace Senior Living of Douglasville

10 NOVEMBER 2016, DOUGLASVILLE, GA.

## SUMMARY

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Henson is a valuable part of the familial community of Grace Senior Living. She serves as the resident ambassador, president of the resident council, a valued member of the red hat society, and vice president of their decorating committee.

“I love living at Grace, and there is nowhere else I would want to be. The staff treats me as my family, and the love they have for me and all residents is unconditional,” Henson said. “You can feel the family community the moment you walk in the door. The staff is so loving and caring; it is truly a family here at Grace.”

Karen Cabral, executive director of Grace Senior Living, said, “Enola was selected to serve as our resident ambassador because she always welcomes new employees and residents with a smile on her face and love in her heart as she proudly shows them her home.”

Henson was born on October 23, 1942, at Crawford Long Hospital in Atlanta to Mary Elizabeth Blake-Gober. She lost her mom when she was just barely four years old and went to live with her grandmother, Carrie Blake, in East Point, Ga. She fondly recalls the memories she cherishes about her mom: “I remember that she made the best chicken and dumplings, cooked with laughter and love.”

“Enola grew up a tomboy; loving to fish, camp, play softball and to this day, devours any book she gets her hands on,” Cabral said.

Henson was diagnosed with epilepsy shortly after her mother’s death. Her grandmother pushed her to understand there are no limits to what she could do in her life, and Henson has strived to do just that.

She graduated from the Smith Hughes School in 1960 and then moved on to further her education at Georgia State College, where she majored in English.

After college, Henson went to work for the Georgia State Revenue Department at the Trinity-Washington building in downtown Atlanta. She remained a valuable employee with the State for 34 years, and was honored at a retirement that was well deserved.

Henson married David Lee Hudson on December 3, 1967. "We shared the love of the Lord, joy of camping, sitting on a lakeside fishing, and eating at The Catfish Den. It was 31 wonderful years that I was married to this great man," Henson said. They adopted two daughters, Kim and April, and have three beautiful grandchildren, Eli, CJ and Sarah.

"It is with the Lord at her side and her strong values that have allowed her to begin writing a memoir at the young age of 74. Her focus in this memoir is to give the lessons she has learned about life, the Lord, fighting epilepsy, and not allowing your physical body to hold you from your dreams of being everything you were meant to be," Cabral said.

"I am so honored to be chosen as the November 'resident of the month' at Grace Senior Living. When I moved in 10 years ago, I didn't realize what an amazing family I was going to find in Grace," Henson said.

"Our mission is to serve the greatest generation with honor, respect, faith and integrity. Hearing stories from residents, like Enola, make doing what we do so worth-while. I am thankful for the team members at Grace Senior Living, that work hard each day to make this place a home for each resident," Bryan Cook, COO of Legacy Senior Living, management company of Grace Senior Living, said.

### **About Grace Senior Living of Douglasville**

Situated in beautiful Douglas County at 8847 Hospital Drive, Grace Senior Living of Douglasville is a personal care home in Douglasville, Ga., that offers assisted living type services in a safe, attentive, homelike atmosphere. The facility, which is in the metro Atlanta area, is committed to serving the greatest generation with honor, respect, faith and integrity. More information is available at [graceseniorliving.net](http://graceseniorliving.net) or by calling (770) 920-2273.

Grace Senior Living is part of a family of senior living communities throughout the Southeast owned and/or operated by Legacy Senior Living, of Cleveland, Tenn. The parent company specializes in offering independent living, assisted living, and Alzheimer's care services. It was founded in 2002 by Barry Ray and Bryan Cook, senior living industry veterans. More information is available at [legacysl.net](http://legacysl.net).

## QUOTES

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— Enola Henson, resident at Grace Senior Living of Douglasville

## IMAGES



## SPOKESPEOPLE



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ABOUT GRACE SENIOR LIVING - DOUGLASVILLE, GA

Conveniently located across from Wellstar Douglas Hospital, Grace Senior Living in Douglasville, GA, is a licensed Personal Care Home in metro Atlanta designed specifically to meet the needs of seniors. This convenient location makes for easy access to shopping, dining, medical facilities and other senior needs. While maintaining the privacy of their own apartment, residents are free to enjoy the company of others, participate in meaningful activities, or simply relax and enjoy a wonderful way of life.



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