

# **Biody Xpert and MyBiody Balance will supply the Toulon Rugby Club in order to monitor the players of its rugby team.**

The 2013 and 2014 European champion and France champion the same year signs a partnership with Biody Xpert and MyBiody Balance to monitor its rugby players and to analyze their sports performances

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**T**oulon Rugby Club, headed by Mr Mourad Boudjellal and coached by Mr Bernard Laporte, wished to monitor the overall condition of his athletes and to understand the issues of their body balance. They found the unexpected answer to their needs in the Biody Expert and MyBiody Balance technology. The meeting with this French innovation as well as the first practical tests on players allow to lead the analysis and to cross them with other data.

*“Our exclusive innovation enables the opportunity to optimize and to monitor the follow-up of the body composition, which can be associated with a personalized nutritional program for all kind of sportsmen.”* - François TRABELSI, co-founder.

The Biody Xpert and MyBiody Balance have been endowed with a technology unique in the world and shared experiences for more than 15 years with a panel of physicians from various specialties (Nutritionists, Sports Doctors, General Practitioners, Herbalist...), ensuring the RCT its reliability and allowing complete and accurate diagnostics.

The portability and the Bluetooth connectivity of the Biody Xpert device allow to take rapid-fire measurements and to get the body composition reports of the entire team instantly, even if they are traveling. Then the readings are analyzed and recorded on the device. Concerning MyBiody Balance, it intends to be for the player's personal use and it allows to self-regulate on a daily basis. The data will be sent to Biody Xpert and analyzed.

The follow-up and the control of the gain or loss of muscle mass, fat mass and hydration, are part of the health check-up and the monitoring of these high profile athletes.

All the data mentioned will help trainers to recommend a personalized physical and nutritional program for each player.

The analysis and the evolution of the players body composition is a major factor to their performances. They are subject to important risks of injury during a game, of which it is necessary to monitor the recovery.

*“The analysis of the data collected regularly by Biody Xpert allows to optimize significantly the players performances. It can also influence some strategic choices or identify specific food plans.” - Alain LETOURNEUR - co-founder and Director Research & Development.*



#### RELEVANT LINKS



Toulon Rugby Club - Official Web Site

<http://www.rctoulon.com/fr/>



MyBiody Balance -Official Web Site

<http://en.mybiodybalance.com/>



Biody Xpert - Official Web Site

<http://www.biody-xpert.com/>

#### QUOTES

*"For high level sportsmen, Biody Xpert and MyBiody Balance are the answer to the needs of reliable physical data, mobile and accurate, accompanying the staff members when they are traveling. "*

— François TRABELSI, co-founder.

*"Our exclusive innovation allows to optimize and to monitor the follow-up of the body composition which can be associated with a personalized nutritional program to all kind of sportsmen. The analysis of the data collected regularly by Biody Expert allows to optimize significantly the players performances. It can also influence some strategic choices or identify specific food plans."*

— Alain LETOURNEUR - co-founder and Director Research & Development.

#### IMAGES





#### SPOKESPERSON



### Rebecca Herrera

Marketing, PR et Communication

[rebecca.herrera@biodybalance.com](mailto:rebecca.herrera@biodybalance.com)

 RebHM



### Laura Manach

Marketing & Social Media

[laura.manach@biodybalance.com](mailto:laura.manach@biodybalance.com)

 [laura.biodybalance](https://www.linkedin.com/in/laura.biodybalance)

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#### ABOUT MYBODY BALANCE - BIODY XPERT

*MyBody Balance est le seul appareil connecté du secteur e-santé qui permet d'établir un check-up corporel immédiat. Mybody Balance est un appareil de prévention et de contrôle, qui permet à l'utilisateur de suivre les effets sur son organisme : de son alimentation, de son activité sportive et du vieillissement. Il est mobile, connecté sur tous systèmes et multi-utilisateur. Un appareil suffit pour chaque famille.*

**Pour plus d'informations sur MyBiody Balance, rendez-vous sur : [www.mybiodybalance.com](http://www.mybiodybalance.com)**

*MyBiody Balance is the only digital health wearable device able to establish an immediate health check up. MyBiody Balance is a prevention and monitoring tool allowing users to follow the effects on their health of : their diet, their physical activity, and ageing. It is a mobile, multi-platform, and multi-user device that is sufficient for whole family.*

**For further information visit our web site : <http://en.mybiodybalance.com/>**



## MyBiody Balance - Biody Xpertpressroom

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### Contact information

#### **MyBiody Balance - Biody Xpert**

[presse@mybiodybalance.com](mailto:presse@mybiodybalance.com)

Phone number : 0156903633

Paris, France

 Main website

 Contact

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### Spokesperson



**Rebecca Herrera**

Marketing, PR et Communication

[rebecca.herrera@biodybalance.com](mailto:rebecca.herrera@biodybalance.com)

 RebHM



**Laura Manach**

Marketing & Social Media

[laura.manach@biodybalance.com](mailto:laura.manach@biodybalance.com)

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