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Uprising artist Psycho releases her latest track and music video, "Trephination."

Psycho exposes deep and dark vulnerabilities with her latest single, "Trephination."



(Los Angeles, CA) April 1st, 2022 – Los Angeles-based **Psycho**'s latest single "**Trephination**" is available on all major platforms. Untamed and poetic, "**Trephination**" is the lead single from her upcoming EP, "**Slaughter House**." The track and music video reveal Psycho's struggle with guilt, inner thoughts, death, hurt, and the human brain's functionality.

Using music and lyrics as escapism therapy, "**Trephination**" exposes Psycho's deep, dark, and complex feelings. The track is a vessel for healing and a means for listeners to escape reality for a few minutes. Finding solace in singing and songwriting, Psycho states, "*I feel guilty that I want to forget about all my problems for a moment. I feel guilty when I'm stuck in a downward spiral. I feel guilty when I sleep too much but can't get out of bed.*"

After stepping away from video production projects for a while, Psycho ventured behind the camera to release "**Trephination**'s" music video simultaneously with the track. She explains, "*Actually, it felt pretty good and during the production, I was reminded how passionate I was towards filmmaking.*" Unfortunately, this was not always the scenario. In the past, she started to hate working in film because human beings would be all that she dealt with. Psycho states, "*But still towards the end of the shooting day, I just wanted to go back to my home studio, sit in front of my computer by myself, making music with no other humans involved.*"

Raw, uncensored, and revealing, "**Trephination**" is available on major platforms, including [Spotify](#) and [YouTube](#). For more information about **Psycho**, visit [Instagram](#).

About Psycho

Born in Yingkou, China, Psycho considers music her therapy and plays with sound and uncensored lyrics to work through complex feelings. Psycho states, "*Making music is my therapy, my only way to escape, a way to heal. I want my people to feel that they're not alone.*" The relief she finds in music inspires her to continue writing and singing with the hopes that the listeners will find a sense of comfort in this lonely world. With eyes on the present and what is to come, Psycho is determined to make it till the end.

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