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Feel golden with nutritious meal in a glass from Purition

New flavour contains the equivalent to four teaspoons of healthy turmeric per serving

Purition – the real food you can drink – has launched the first in its new range of functional flavours, packed full of naturally nutritious ingredients to help support a healthier lifestyle.

One serving of the new Golden Milk Smoothie contains 800mg of Curcumin – the equivalent to four teaspoons of Turmeric – which has many natural health benefits; including both anti-inflammatory and antioxidant properties.



Like others in the Purition range, new Golden Milk Smoothie contains no artificial ingredients; only all-natural seeds, nuts and a carefully chosen blend of vegetarian proteins with added coconut, ginger and extracts of turmeric and black pepper – giving it a warming, energising taste profile.

It is low in sugar and starchy carbs, high in fibre and protein, certified gluten free and contains good fats from the fresh seeds and nuts.

A small, nutritious meal in a glass made in just 30 seconds, Purition Golden Milk offers convenient nutrition to support healthy eating goals and maximise the absorption of curcumin.

Edward Taylor, founder of Purition, says:

“We all live busy and complicated lives and do not always have time to cook or prepare a nutritionally balanced meal - especially at breakfast. That’s why we developed Purition – a quick and easy small meal in a glass that can be made in around 30 seconds. We’re always looking at exciting and delicious flavours using natural ingredients that can support people’s health and wellbeing goals and turmeric is a great ingredient to incorporate into your diet”.

The new Golden Milk Smoothie is available in both a vegan or non-vegan recipe. A 500g pouch, which includes approximately 12 servings, is available for £24.00 from www.purition.co.uk



ENDS



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ABOUT HIGHLIGHT PR

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