



## **1 out of every 5 British youngsters considers plastic surgery**

*9 out of 10 girls would like to change something to their body*

And more results of an international youth survey on 'being unique'

Over 88% of the girls aged 15 to 25 in our country would change something to their body if that was easily feasible. The share amongst boys is slightly lower, but still strikingly high (81%). The body parts girls are least happy with are their belly and thighs (both at 37%), skin (20%) and breasts (18%). Boys would love to improve their muscles (25%), belly (20%) and hair (16%). But not all of them would consider plastic surgery. An InSites Consulting survey revealed about 18% of the British youth consider doing so. However this percentage is slightly higher for girls (22%) than for boys (15%).

Girls in the UK get the most pride out of their eyes (42%), hair (29%) and breasts (20%). Only 7% are proud of their entire body. This percentage is somewhat higher for boys (10%), who are mainly proud of their eyes (27%), hair (18%) and skin (13%). Yet 1 out of every 5 British boys is not proud of any body part, and this share is considerably higher than in other countries.

The 16 countries international results show that the UK scores slightly below the global average. About 23% of the girls and 16% of the boys in the 16 countries across the world consider plastic surgery. In almost all areas the same body parts are a problem to the youth. In China and India young women attach less importance to their belly and breasts, and the skin, the eyes and the hair are the main points of attention. In Brazil girls focus less on the thighs and pay more attention to belly and breasts. Another level where Brazil is different internationally is that about half the young women (47%) and 34% of the young men would consider an aesthetic operation.

"The current generation of youth is often referred to by scientists as the most narcissistic group ever", says Joeri Van den Bergh, Gen Y expert at InSites Consulting and author of the book 'How cool brands stay hot'. "Therefore it is not surprising that looking good is so important. But this definitely is not only valid for youngsters and is a broader scientific fact. Just think of the increased importance of product and packaging design, or of the increased care given to interior design", states Van den Bergh.

### **55% of the youngsters think they are unique**

*Conversations, profession, hobbies, holidays, music and clothing are part of the uniqueness*

55% of the British youth think to be unique or even very unique. This UK youth score puts them in the more modest group in the world. The result is comparable with that of China, Denmark, France and Belgium. In countries such as Brazil, Romania, Russia, India and Italy no less than 7 to 8 youngsters considered themselves to be unique.

British youngsters mainly want to be different for what they tell others (47%), their professional activity (45%) and their hobbies (45%). The cities and countries they visit (43%), the music they listen to (42%) and their clothing are also important differentiating factors to youngsters. The majority of youngsters does not want to differentiate by their political ideals. The latter is deducted from the InSites Consulting survey as being important only in Italy and the BRIC countries. Body and looks are used relatively more frequently in Brazil, India and Eastern Europe as means to be unique compared with other youngsters.



“The most striking thing to me in these results is that the company you work for and the job on your business card contribute a lot to the extent to which youngsters consider themselves to be ‘unique’. So it’s not just the tailor who makes the man. I think many employers - who are wondering today how to engage and motivate these Millennials or Generation Y – do not think enough about this. ‘Why would working for that company and having that function be a unique experience differentiating me from other youth’, that’s the bottom line”, so concludes Joeri Van den Bergh.

### **31% of the youngsters use brands to be unique**

About a third of the British youngsters (31%) try to buy unique brands in order to be different. Apart from brands such as iPhone and Apple, other so-called ‘badge items’ (i.e. products which give you a certain identity towards others, such as mobile phone, shoes, clothing, drinks away from home) are also in the top 10 of most unique brands. But how can today’s brands be unique in a world where the competition copies innovations within a few months, or where they imitate campaigns?

“The bottom-line is often that they build their brand around a unique value or a view of the world, rather than around the product itself”, says Joeri Van den Bergh from InSites Consulting. “We should be able to summarize a brand’s uniqueness in 1 or 2 words. For Apple those would be ‘design’ and ‘user-friendliness’. Both Diesel and Levi’s are quoted as unique by about 1 out of every 3 British youngsters, whilst both being jeans brands. But for Levi’s this uniqueness equals affordable quality with a tradition, whereas Diesel stands for character, personality and style”, concludes youth expert Van den Bergh.

### **Youngsters want to be remembered as a good and caring friend**

Three out of ten youngsters in the UK want to be remembered as a ‘good friend’. Other characteristics such as caring (28%), honest (23%) and friendly (21%) are also considered to be very important. About a fifth of the 15-to-25-year olds also want to be remembered as happy or as funny. They think it less important on the other hand to be remembered as someone popular or famous. A mere 5% indicate so, and being remembered as a cosmopolitan is quoted by only 1%.



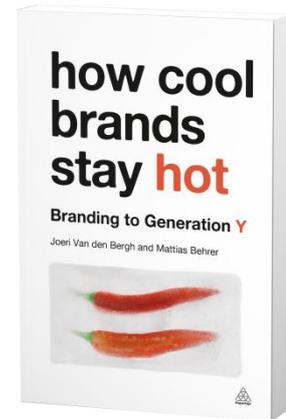
## About the survey

This press release's facts and figures are based on a global research organised by InSites Consulting amongst 4,065 respondents aged 15 to 25 (Generation Y) in 16 countries: the USA, Brazil, Russia, India, China, the UK, Germany, France, Sweden, Denmark, Poland, Romania, Italy, Spain, the Netherlands and Belgium. The sample is representative for the Gen Y population of each country.

<http://www.slideshare.net/joerivandenbergh/why-im-unique-by-generation-y-around-the-world>

**How Cool Brands Stay Hot** is about connecting with a new generation (Generation Y) which will determine the evolution of society and the consumer markets in the coming three decades. The book is based on five years of intensive market research, inspired by insights and case studies by MTV teams all over the world, and offers insights in the psychology and the behaviour of "the Millennials" as consumers. The book describes the five main characteristics of successful youth brands and will help companies to get in touch with this new generation of consumers by understanding their *likes* and *dislikes*. The book is interspersed with case studies and interviews with global marketing executives of international brands such as H&M, Coca-Cola, Levi's, Nike, Nokia and Jack & Jones. It hands its readers creative ideas on how to position, develop and promote brands and how to make them relevant to Generation Y. More info and updates on

<http://www.howcoolbrandsstayhot.com>



The book just won the 'Marketing Book of The Year' award. A professional international jury nominated it as one of the 10 best of 2011. Afterwards 2,153 marketers from 85 countries named '*How Cool Brands Stay Hot*' as best marketing book of the past year. More info on this award on

<http://www.marketingbookoftheyear.org>

**Joeri Van den Bergh** is author of the book *How Cool Brands Stay Hot* and co-founder of InSites Consulting, a global 'new generation' research agency with offices in the US, the UK, the Netherlands, Romania and Belgium. During his entire career he has focussed on research and marketing for children, teens and young adults. His customers include international brands such as Lego, Nokia, Sony, MTV Networks, Danone, Unilever and Coca-Cola, whom he did research for. He also advised them on how to approach the market of the youngsters. As author and contributor to numerous magazines he also gives lectures about marketing subjects all over the world.



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**InSites Consulting**

InSites Consulting was founded in 1997, and although a market research agency its founders never really had the ambition of being market researchers. InSites Consulting is in fact a crazy mixture of academic visionaries, passionate marketers and innovating researchers, all determined to tackle the status-quo van of market research.

In the past 10 years the company has grown an amazing 35% every year. Today they are more than 130 collaborators in 5 offices (Belgium, the Netherlands, the UK, Romania and the US). Their energy is generated by assisting world brands in the improvement of their marketing and in reaching consumers all over the world. The InSites Consulting work has already been rewarded with no less than 15 international awards.

The recipe to success: constant enthusiasm, a lot of hard work, a sharing culture, and permanently innovating research methods and leading marketing ideas. And last but not least: positively surprising customers on a daily basis.

More info: [www.insites-consulting.com](http://www.insites-consulting.com) - Twitter: [@InSites](https://twitter.com/InSites)



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